



DEADLINE TO REGISTER IS OCTOBER 18, 2019

[https://tinyurl.com/\\_CPP2019-2020](https://tinyurl.com/_CPP2019-2020)  
or other side

## Child Parent Psychotherapy (CPP) Training

### CPP 18 Month Implementation Level Training

- CPP 3-Day Initial Training — October 23, 24, & 25, 2019  
CPP Booster One: 2-Day Skill Building Workshop — April 16 & 17, 2020  
CPP Booster Two: 2-Day Skill Building Workshop — October 8 and 9, 2020

Child Parent Psychotherapy (CPP) is an intervention model for children ages birth to 5 years who have experienced at least one traumatic event and are expressing mental health, attachment, and/or behavioral problems as a result. The treatment model integrates psychodynamic, attachment, trauma, cognitive behavioral and social-learning theories into a dyadic treatment approach designed to restore the child-parent relationship and the child's mental health and developmental progress. This training meets criteria for an Implementation Level Protocol Training in CPP. CPP is an evidence-based practice approved by the Los Angeles County Department of Mental Health for Prevention and Early Intervention (PEI) services. Staff attending the training with the intention of claiming client services to Los Angeles County MHS PEI Programs must ensure clients meet the PEI target population guidelines and their agency is approved to provide CPP.

#### LEARNING OBJECTIVES:

As a result of these trainings, participants will be able to:

- Name at least four CPP treatment goals/objectives.
- Name at least three core competencies of CPP.
- Describe the concept of ghosts in the nursery.
- Describe the concept of angels in the nursery.
- Describe at least three ways in which trauma can affect young children's development.
- Name at least two domains that therapists typically assess during a CPP assessment.
- Name at least three of the six strands of CPP fidelity.
- Describe the components to keep in mind when introducing the child to CPP (the CPP triangle).
- Name at least two CPP fidelity measures that guide the early phase of treatments.
- Describe the concepts of ports of entry.
- Name at least two developmental considerations when conducting trauma narratives.
- Name three ways in which the CPP therapist seeks to build a trauma framework with the caregiver during the course of treatment.
- Identify three ways to incorporate self-care into regular practice (for self or supervisees).

### CHILD PARENT PSYCHOTHERAPY TRAINING \$2,250 PER PERSON

All trainings are 9:00 am to 4:30 pm and will take place at  
**WELLNEST (FORMERLY L.A. CHILD GUIDANCE CLINIC)**  
3787 S. VERMONT AVE,  
LOS ANGELES, CA 90007

Parking instructions will be provided following registration.  
Allow 2 business days for confirmation of registration.  
There is no on-site registration. Registration form on reverse.

#### MARICELLA MENDEZ-SHERWIN, PH.D.,

Licensed Clinical Psychologist, is a National Trainer in Child Parent Psychotherapy (CPP) endorsed by the CPP developers at UCSF as well as the National Child Traumatic Stress Network. Dr. Mendez-Sherwin is certified in California as an Infant-Family and Early Childhood Mental Health Specialist.

Please contact the CPP Trainer directly with any questions/concerns regarding training, certification, consultation or to inquire verification of attendance for DMH.

Maricella Mendez-Sherwin — [mendezsherwin1@gmail.com](mailto:mendezsherwin1@gmail.com)

Please contact Socorro Gertmenian, Ph.D., for registration or facility information  
Email: [SocorroG@lacgc.org](mailto:SocorroG@lacgc.org)—Phone: (323) 290-8360 x3523—Fax: (323) 334-2278

Fax form to (323) 334-2278,  
[https://tinyurl.com/\\_CPP2019-2020](https://tinyurl.com/_CPP2019-2020)  
or mail registration and payment to

**WELLNEST**  
ATTN: ACCOUNTING DEPT,  
3031 S. Vermont Ave.  
Los Angeles, CA 90007

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**PLEASE PRINT CLEARLY:**

NAME: \_\_\_\_\_

AGENCY: \_\_\_\_\_

EMAIL: \_\_\_\_\_  
(for confirmation)

ADDRESS: \_\_\_\_\_

CITY/STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

LICENSE #: \_\_\_\_\_

**PAYMENT METHOD: CHECK OR CREDIT CARD**

CREDIT CARD (additional fee for use)

NAME: \_\_\_\_\_  
(as appears on card)

CARD NUMBER: \_\_\_\_\_  
(VISA, MASTERCARD, DISCOVER)

BILLING ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ ZIP: \_\_\_\_\_

CARD TYPE: \_\_\_\_\_ EXP DATE: \_\_\_\_\_

CVC (last three digits on back of card): \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

**\$2,250 PER PERSON (\$2,299.80 IF USING CREDIT CARD)**

Allow 3 business days for confirmation of registration  
There is no on-site registration.

I accept the Total Due below onto my charge card.

**TOTAL DUE: \$ \_\_\_\_\_**

**CERTIFICATES OF COMPLETION:**

Certificates of Completion are emailed the week following each of the individual training events to the agency contact responsible for registration of participants. Continuing Education certificates are emailed the week following each individual training event.

**TRAINING REQUIREMENTS:**

- ◆ **Read PRIOR to Initial 3-day training: Don't Hit My Mommy (Amazon.com)**
- ◆ Read *Psychotherapy with Infants and Young Children*
- ◆ Attend initial 3-day training
- ◆ Attend six-month follow-up 2-day workshop
- ◆ Attend twelve-month follow-up 2-day workshop
- ◆ Provide CPP to at least 4 cases with children under age 6 who have experienced traumatic events
- ◆ Treat at least 2 families for at least 16 sessions following the CPP feedback session
- ◆ Attend the bi-weekly consultation calls during 18-month period
- ◆ Present at least two times on consultation calls
- ◆ Participate in and have access to CPP reflective supervision (group or individual) at agency
- ◆ 36 Group consultation calls and 18 monthly supervisor consultation calls

**PAYMENT:**

Please make checks payable to "Los Angeles Child Guidance Clinic." If check is not enclosed, please write "check to follow." Registering serves as a placeholder; seat is not guaranteed until payment is received. Ten percent administration fee will be charged for cancellations and check or credit card refunds, which must be submitted in writing at least one week prior to training. No refunds or transfer credits for cancellations made within one week of training.



Training meets the qualifications for 42 hours of continuing education for MFTs, LCSWs, LPCCs, LEPs, and Psychologists as required by the California Board of Behavioral Sciences (CE provider #PCE3929) and the California Board of Psychology. Wellnest is approved by the American Psychological Association to sponsor continuing education for psychologists. Wellnest as the sponsor maintains responsibility for this program and its content. Please e-mail Melissa King at [melissak@lacgc.org](mailto:melissak@lacgc.org) if you have any questions regarding CE or need special assistance regarding the training.