



EMOTIONAL HEALTH & WELLNESS

FORMERLY KNOWN AS LOS ANGELES CHILD GUIDANCE CLINIC

SYMPOSIUM: BUILDING BRIDGES FOR YOUTH WELL-BEING

Friday, July 26, 2019 Symposium Agenda

8:00 to 8:30 AM REGISTRATION AND CONTINENTAL BREAKFAST

8:30 to 8:45 AM WELCOME AND OPENING REMARKS

Charlene Dimas-Peinado, LCSW, EML

President and CEO, Wellnest

Supervisor Mark Ridley-Thomas, Second District

County of Los Angeles

8:45 to 11:45 AM MORNING KEYNOTE

Wizdom A. Powell, PhD, MPH

10:15 AM Break

Miranda Rights of Happiness and Bukum Mashi by **Contra Tiempo**

11:45 AM to Noon BREAK FOR LUNCH

Touring of vendor booths and youth social justice photo exhibit; additional lunch seating available in Mojave, Cabrillo, and Catalina Conference Rooms

Noon to 12:45 PM LUNCH

12:45 to 1:00 PM BREAK FOR PLENARY

Touring of vendor booths and youth social justice photo exhibit;
return to Yosemite Conference Room

1:00 to 3:00 PM AFTERNOON PLENARY

David Hayes-Bautista, PhD

2:50 PM Transition: Self-Reflection through Call and Response by **Contra Tiempo**

3:00 to 4:00 PM PANEL DISCUSSION

4:00 PM CONCLUDING REMARKS AND ADJOURNMENT

For continuing education information, please visit: <https://tinyurl.com/wellnestsymposium>

Wellnest's Mission

Through a holistic approach to emotional well-being, Wellnest offers hope, healing and opportunity to the children, young adults, families and communities we serve. Our commitment remains steadfast as we enter our second century of service.

Building Bridges for Youth Well-Being

Social conditions contributing to disparities in health and well-being for youth of color in Los Angeles require a unified response. This Symposium is an opportunity for youth-serving agencies to come together to understand and co-create culturally-relevant ways to address disparities and optimize well-being for our youth.

Our Speakers

"Breath, Eyes, Memory: Healing-Centered Approaches for Optimizing Emotional Well-Being Among Boys and Young Men of Color"



Wizdom Powell, PhD, MPH
Director of the Health Disparities Institute
and Associate Professor of Psychiatry at
University of Connecticut

"The Latino Double-Impostor Syndrome: Youth, Voice, Identity and Leadership"



David E. Hayes-Bautista, PhD
Distinguished Professor of Medicine and
Director of the Center for the Study of
Latino Health and Culture at University of
California, Los Angeles

PANELISTS

Aquil Basheer, DLitt, Founder and Executive Director, Professional Community Intervention Training Institute

Dee Hankins, Inspirational Speaker, former foster youth

Sage Johnson, Youth Leader, Advocate, LA LGBT Center, Homeless Youth Forum of Los Angeles

Samuel Lazalde, Advocate, Program Manager, Communities in Schools of San Fernando and Greater Los Angeles

Aurea Montes-Rodriguez, Executive Vice President, Community Coalition

Erylene Piper-Mandy, PhD, Professor of Human Development, California State University

MODERATOR

Lisa Hirsch Marin, LCSW, MSOD, Chief Operating Officer, Wellnest

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