

The Bill of Responsibilities

The Authenticity Amendment

I will be true to myself, manage my ego and emotions so as to be civil and respectful to others, and shall not allow low self-esteem, self-limiting beliefs, or the negativity of others to prevent me from pursuing my authentic goals and dreams and becoming the unique individual I am meant to be.

The Integrity Amendment

Because integrity is the essential element of earned trust, I will tell the truth, keep my promises, live up to my commitments, and never violate my own integrity and the dignity of others by being judgmental or hypocritical.

The Awareness Amendment

Awareness being the essential element for personal happiness and professional success, as well as peace and harmony, I will pay attention to what is happening in the world around me, be empathetic to the needs and feelings of others, and monitor my emotional reactions to avoid becoming my own worst enemy.

The Courage Amendment

Because fear is a reaction and courage is a decision, I will make the commitment to stand up for what's right, stand up to those who do wrong, and do the things I know I need to despite my fears.

The Perseverance Amendment

Every great accomplishment having once been the seemingly "impossible" dream of a dreamer who refused to quit, I will accept the inevitability of obstacles and roadblocks with good cheer and equanimity, learn from my mistakes and failures, and never quit pursuing my authentic goals when the going gets tough.

The Faith Amendment

My faith in myself, in other people, and in the future will shine through in my attitudes and behaviors, and in open-hearted acceptance of those with beliefs that are different than mine.

The Purpose Amendment

I will commit to a purpose bigger than "what's in it for me" goals and define an overarching purpose to give meaning to my work and life.

The Vision Amendment

I will contribute to creating a common shared vision for a better world, and commit to action that will help to transform the good intentions of today into the reality of tomorrow.

The Focus Amendment

I will be a good steward in how I spend my time, energy, and financial resources in order to concentrate on achieving the goals and dreams that really matter, and that help to make the world a better place for current and future generations.

The Enthusiasm Amendment

I will approach my days with a positive attitude, seek to discern the best in every other person and situation, do my work with a spirit of mission, and seek to restore the passion of youth with curiosity, humor, and a smile.

The Service Amendment

I will help others in need, be generous in spirit and means, and take time to replenish my own spirit so that I may continue to serve others.

The Leadership Amendment

Because we all have the opportunity to be leaders, I will, through my example, set high expectations for myself and others, and seek to inspire and influence others to always do what is best for the common good.

The Bill of Responsibilities is adapted from the Values Coach Inc. course on *The Twelve Core Action Values™*.

Values Coach Inc., Jordan Creek Plaza, PO Box 490, Solon, IA, 52333