

COMMUNITY HEALTH WORKER

Core Competency Training Program

START YOUR PATH TO BECOMING A CHW!



CHW FOUNDATIONS

Learn the fundamental knowledge & skills essential to the CHW profession.



HEALTH COMPETENCIES

Gain essential knowledge and skills for health promotion and disease prevention.



FIELD EXPERIENCE HOURS

Acquire practical experience by observing experienced professionals at field sites

ABOUT THIS TRAINING

MCD provides Community Health Worker (CHW) Core Competency Training to individuals who want to become a Community Health Worker for their community.

The 80hr training program, includes a combination of self-paced online instruction modules that include CHW foundations and health focused competencies, assigned homework, live virtual group sessions and field placements in health-related and community-based settings for a duration of 12 weeks.

Upon successfully completing program requirements, students receive a certificate of completion and are eligible for continuing education trainings as they become available.

DATES

**COHORTS AVAILABLE
YEAR ROUND**

Standard Course Fee:
\$1,700 per participant.

**GROUP DISCOUNTS
AVAILABLE!**

Apply Now!

Please indicate your cohort interest when submitting your application. The training team will respond with the next steps.

CONTACT US

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12 SELF-PACED MODULES: TITLE AND LEARNING OBJECTIVES

Module 1: Introduction to CHWs

- Define Community Health Worker
- List models of care a community health worker may work within
- List key roles, skills and qualities of a community health worker
- And list reasons why community health workers are so important to community health and well-being

Module 2: What is Public Health?

- Describe the purpose of public health
- Explain the social-ecological model
- Recognize the 3 core functions and 10 essential public health services
- And summarize the roles that Community Health Workers play in public health

Module 3: Health and Human Rights

- Demonstrate the link between health and human rights
- Recognize how the social and economic conditions in places where people live, learn, work, and play can affect their health outcomes
- Explain why health disparities exist amongst different racial, ethnic, and socioeconomic groups
- Understand how eliminating health disparities can result in individuals and communities achieving their full health potential
- Appreciate how the importance of a humble and respectful attitude towards individuals of different cultures can help us learn about their lived experiences and help us serve them better

Module 4: Topics and Issues in Health

- Define key terms related to trauma, mental health, LGBTQ+ populations, and older adults
- Describe the challenges and health disparities faced by LGBTQ+ and older adult population and those with mental illnesses
- Explain ways to support those with mental illnesses, trauma and those who are part of the LGBTQ+ or older adult population
- Discuss how stereotypes and stigma impact a person's health and wellness
- How community health workers can address the harmful effects of stereotypes and stigma

Module 5: Education and Facilitation

- Describe empowering and learner-centered teaching strategies
- Use a range of appropriate and effective educational techniques
- Describe how to facilitate group discussions and decision-making
- Plan classes and presentations for a variety of groups
- Find and share requested information

12 SELF-PACED MODULES: TITLE AND LEARNING OBJECTIVES (CONT'D)

Module 6: Communication Skills

- Use a range of effective communication skills and tools to interact with clients and provide accurate and relevant information
- Employ effective communication skills when collaborating with client and other members of service team
- Communicate with individuals in a non-judgmental and appropriate manner
- Practice active and reflective listening and attend to client concerns
- Identify and respond to non-verbal behavior
- Speak and present information effectively to small and large groups of clients and/or colleagues
- Address conflicts that may arise in a professional and safe manner

Module 7: Interpersonal Skills and Relationship Building

- Define the key skills that can help you build strong relationships with your clients
- Gain insight into your own potential biases
- Identify how your perspective towards people may be different
- Understand and practice cultural humility
- Identify skills to address conflicts in a professional and safe manner
- Describe how working through conflicts can strengthen relationships
- Practice the ability to give and receive feedback respectful manner

Module 8: Professional Skills and Conduct

- Define Professionalism
- Describe why professionalism is important as a CHW
- List positive traits of a professional
- Demonstrate professional skills, including time management and setting boundaries
- Explain why personal safety and self-care are important to professional conduct.

Module 9: Ethical and Legal Conduct

- Observe ethical and legal standards, such as CHW Code of Ethics, Health Insurance Portability and Accountability Act (HIPAA), and mandatory reporting
- Describe the importance of ethical and legal standards in a Community Health Worker profession
- Use ethical decision-making to resolve challenges



12 SELF-PACED MODULES: TITLE AND LEARNING OBJECTIVES (CONT'D)

Module 10: Service Coordination

- Define service coordination, what it entails and why it is a critical skill for community health workers
- Understand the basics of the United States healthcare programs, coverage, and other resources that serve individuals in the community
- Identify emerging health care financing models that may support community health workers
- Identify and access local resources
- Describe the steps to providing effective and appropriate referrals
- Summarize the roles for care management as a community health worker
- Describe the growing utilization of technology and telehealth for supporting clients and communities

Module 11: Assessment, Research and Evaluation

- Conduct an individual assessment of a client
- Use assessment tools to identify community needs and interests
- Identify types of data and research styles
- Understand the basic concepts of evaluation for improving programs and systems

Module 12: Community Capacity Building and Advocacy

- Describe characteristics of community
- Define community capacity building
- Identify skills that support community building and organizing
- Define advocacy and health advocacy
- List the steps involved in an advocacy approach

MCD is a global health planning, management, research, and training organization. MCD is a member of the National Network of Public Health Institutes.

MCD develops and conducts evidence-based in-person and online trainings to strengthen the health care, public health, and community-based workforce, including early care and education providers, community health workers, health care providers, public health professionals, emergency service personnel and many others. To date, MCD trainings have reached over 22,000 individuals in all U.S. states and 33 countries.

MCD is home to the Community Health Worker Training Program. Including CHW Health-Related Trainings, Community Health Worker Core Competency Training, CHW Supervisor Training and other continuing education and training topics.



For more information contact:
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