

# February is Children's Dental Health Month!

celebrate with the Maine CDC  
School Oral Health Program's

## 2024 Poster Contest!



GRADES PK-6TH  
WITH 4 AGE  
CATEGORIES!

DEADLINE – THURSDAY,  
FEBRUARY 29, 2024

This year's theme:  
"HEALTHY HABITS FOR  
HEALTHY SMILES!"

All posters should be horizontal, 8.5" x 11", and include the name, grade, and school in the lower right corner!

Winners will receive an awesome prize package!

SUBMISSIONS SHOULD BE  
EMAILED TO [SOHP@MCD.ORG](mailto:SOHP@MCD.ORG)



## INSTRUCTIONS

The poster should illustrate the importance of oral health and ways to keep teeth healthy. A basic understanding of good oral health concepts is a prerequisite. These can be reflected as illustrations of this year's theme or any other related oral health topics. Eating nutritious foods, having regular dental check-ups, getting dental sealants, brushing and flossing every day, or using mouthguards are all needed to have a healthy smile and could be examples of poster themes.

The student's name, grade, and school name must be printed on the lower right corner of each poster.

\*This information will not be visible when voting takes place\*

Posters should be colorful, and easily seen from a distance. They should be horizontally oriented on white photocopy paper "8.5 x 11".

All submissions should be emailed to [sohp@mcd.org](mailto:sohp@mcd.org) by February 29, 2024

## CONTEST RULES

There will be four grade divisions: PK-Kindergarten, 1-2, and 3-4, and 5-6.

Your school may consider having a preliminary contest just for your students, however, our contest is statewide and only one will be awarded from each category.

Staff members of the School Oral Health Program, Maine Center for Disease Control and Prevention, and MCD Global Health will judge the contest.

Voting will take place for 3 days and winners will be notified by March 8, 2024.

**Thank you for your participation!**