



MECHW

Maine Community Health Workers

MECHWI ANNOUNCES LEADERSHIP DEVELOPMENT EDUCATION

The Maine Community Health Workers Initiative (MECHWI) will be offering a series of leadership development educational opportunities to initiative members, ranging from self-paced sessions to facilitated classes. Participants will have the ability to select and build their own portfolio to meet their leadership needs. Whether you're looking to advance your career, use your leadership skills in your community, or advocate for the Maine CHW workforce, you'll have the needed skills.

The MECHWI staff and advisors listened to your needs, and outlined below is an example of some ways you can start taking advantage of these resources and training opportunities. These will upskill your leadership abilities and provide you with the tools you need for advancement.

Free Leadership Opportunities

Lunch & Learn offerings monthly (1 hour)

- *Managing Workplace Conflict*
- *Accountability in the Workplace*
- *Professional Boundaries*
- *Moral Injury & Moral Courage*

CHW Peer-to-Peer Group (1.5 hours, group and education)

- *The Impact of Attitude*
- *Managing Your Time & Tasks*
- *Accepting Feedback & Criticism*
- *Overcoming Procrastination*

Additionally:

- *Professional Development Program (TBD)*
- *Chronic Disease Condition Trainings*
- *Environmental Change*
- *Monthly MECHWI Meeting Education*
- *Summit & Awareness Event Education & Policy Movement*

These events will be available in future emails, newsletters, and on our website.

If you have any questions, please contact Bridgette Dairyko at bdairyko@mcd.org who can support you through this exciting process!

Happy Learning!

Bridgette Dairyko Capacity Building Program Coordinator II & MECHWI Advisory Board