



Wethersfield Public Schools

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Re-sharing Measles information from CCHD

March 13, 2025

Dear Families,

We want to keep you informed about the recent measles outbreaks occurring across the United States. Currently, there are multiple outbreaks, resulting in one confirmed death of an unvaccinated school-age child (Measles Cases and Outbreaks | Measles (Rubeola) | CDC). Measles is a highly contagious disease that can lead to serious complications.

Measles can remain in the air up to two hours after an infected person leaves an area. If you suspect exposure or notice any symptoms (see below), contact your healthcare provider.

How to Prevent Measles

The best way to prevent measles is through vaccination. When at least 95% of the population is immune—either through vaccination or prior infection—we achieve herd immunity, which helps protect everyone, including those who cannot be vaccinated. Fortunately, most schools in our district (Berlin, Newington, Rocky Hill, and Wethersfield) have a 95% or higher vaccination rate, meaning students should be well-protected.

Travel Considerations

If you or your family are planning to travel within or outside the country, check with your healthcare provider first about recommended vaccinations to stay protected, especially if you or your family members have an

unknown vaccination status.

Measles Symptoms to Watch For

Symptoms usually appear 7 to 14 days after exposure and include: high fever (may exceed 104°F),

persistent cough, runny nose, red, watery eyes, tiny white spots inside the mouth (2–3 days after symptoms

start), rash (3–5 days after symptoms start, beginning at the hairline and spreading downward).

Thank you for your attention to this important health matter. Please reach out to your healthcare provider or

school health office with any questions.

Sincerely,

Central Connecticut Health District
