

# plant power



## Corpus Christi

### March 2020

Corpus Cristi celebrates Plant Power in the month of March by offering some fun new veggie side dishes, and having Meatless Monday options all month!

#### \*\*REMINDER BREAKFAST SERVED DAILY\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1: Muffin Fun Lunch</b>				
<b>Breakfast For Lunch</b> 2	3	4	5	6
French Toast Sticks Scrambled Eggs Hash Browns	Crispy Chicken Nuggets Seasoned Green Beans Breadstick	Pasta & Meatballs Garlic Bread	Mexican Lasagna Mexicali Corn	Classic Cheese Pizza Classic Pepperoni Pizza Colorful Tossed Salad
<b>Week 2: Cereal Fun Lunch</b>				
9	10	11	12	13
Pizza Dunkers  Pizza Sauce	Crispy Chicken Nuggets Seasoned Green Beans Breadstick	Shepherds Pie  Biscuit	Maraconi & Cheese  Breadstick Broccoli	No School
<b>Week 3: Nacho Fun Lunch</b>				
16	17	18	19	20
Grilled Cheese Tomato Soup	Crispy Chicken Nuggets Roasted Broccoli Whole Grain Biscuit	Beef Macho Nachos Salsa Corn	Crispy Chicken Sandwich Tater Tots	Classic Cheese Pizza Classic Pepperoni Pizza Colorful Tossed Salad
<b>Week 4: Bagel Fun Lunch</b>				
23	24	25	26	27
Cheesy Baked Ziti  Garlic Bread	Crispy Popcorn Chicken  Mashed Potatoes Whole Grain Biscuit	Waffles  Turkey Sausage Hashbrown Potato	BBQ Pulled Pork Sandwich  French Fries	1/2 Day  No Lunch Served
<b>Week 5: Pretzel Fun Lunch</b>				
30	31			
1/2 Day  No Lunch Served	Crispy Chicken Nuggets Seasoned Green Beans Breadstick			
<b>Fruit and Vegetable Bar (Available Daily)</b>				
Fresh whole Fruit Chilled Fruit salad	Fresh whole Fruit Chilled Fruit salad	Fresh whole Fruit Chilled Fruit salad	Fresh whole Fruit Chilled Fruit salad	Fresh whole Fruit Chilled Fruit salad
Carrot Sticks Sweet Corn Salad	Celery Sticks Chick Peas	Fresh Broccoli Florets Fresh Baby Carrots	Corn & Black Bean Salsa Sliced Cucumbers	Red Pepper Slices Power Peas
Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad	Mixed Bean Salad
<b>Daily Alternate Meals</b>				
PB&J	PB&J	PB&J	PB&J	PB&J
2-Turkey and Cheese on Wheat	2- Chef Salad w/ Bread Stick	2- Crispy Chicken Caesar Salad Wrap	2-Turkey and Cheese Wrap	2-Mixed Green Salad w/ Cheese and Bread Stick

ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

Please contact me with any questions, comments or concerns.

Bobby Schultz, Director of Dining Services: robert.schultz@compass-usa.com

USDA is an equal opportunity employer and provider.

chartwells  
serving up happy & healthy