

Parents Reaching Out

Presents

NOVEMBER 2020 WORKSHOPS FOR FAMILIES

Preregistration is required. To register, please click on the workshop title.

Next Steps to Success

Tuesday, 11/10 1:00 -3:00 p.m.

Find out about special education services and other supports for your child, learn ways to build relationships through good communication, find out about the IEP Process and being a part of the IEP team.

NM Medicaid Waivers

Thursday 11/12 10:00-11:00 a.m.

Learn about the types of waivers that exist in New Mexico and the differences among them, who qualifies for waivers, the process for applying for a waiver and about the New - Supports Waiver.

Building Inclusion: A Youth Meeting

Friday 11/13 6:00pm-8:00pm

Learn what true inclusion is, its impact on those around you, how to use inclusive language, and ways to create inclusion in your community and workplace.

Early Literacy

Monday, 11/16 10:00 -11:30 a.m.

Find out about the development of language and literacy skills, identify literacy opportunities that reflect your family's strengths, learn how to give your child an early start in reading and discover how to use daily routines to develop literacy.

Essential Components of the IEP - Distance Learning

Wednesday, 11/18 10:00 a.m. – 12:00 p.m.

This workshop focuses on the special education and evaluation process during distance learning. Learn about each component of the IEP and learn about the family role on the IEP team and communication strategies on working through this process and how you can best advocate for your child.

See reverse for more opportunities.



All workshops are no cost to families and held by Zoom.

Learn about resources for your child

Ask questions to our state leaders

Connect with other families

All families are welcome!

PARENTS REACHING OUT

2501 Yale Blvd. SE Suite 200
Albuquerque, NM 87106

505-247-0192

www.parentsreachingout.org

Please contact us if you need accommodations or Spanish language interpretation.

Making Connections Virtual Support Group

Wednesday, 11/18

1:00 – 2:30 p.m.

Share your experiences parenting your child or grandchild with disabilities and connect with other parents. This month's focus will be on preventing and dealing with holiday stress.

Grupo de Apoyo

Jueves, 11/19

1:00 p.m.-2:30 p.m.

En este grupo encontrarán un ambiente amigable y seguro donde podrán compartir sus preocupaciones y logros.

Time Management

Monday, 11/30

10:00 -11:30 a.m.

Learn to assess your time effectively, develop an action plan to help you prioritize your daily activities, Identify the right steps on how to say “NO” to things you are unable to do at the moment.