# Artist’s Project Brief for Fresh Art@ working with Adults with mental health challenges on ward and in the community

## Fresh Art @, a partnership project supported by Creativity Works, Avon & Wiltshire NHS Mental Health Partnership Trust (AWP), The Holburne Museum, No1 Royal Crescent, The American Museum in Britain and Sirona Care & Health, creates new artwork to enliven NHS communities, created by people with experience of mental health challenges enabling them to explore, develop and grow through creativity and contribute to community projects.

This year **Fresh Art @** will be focusing on providing creative engagement for people affected by or caring for those who have experience of mental health challenges.

There will be 4 sessions delivered on an acute inpatient ward at Hillview Lodge at the RUH (Royal United Hospital) and 12 sessions delivered in the community within Bath Museums.

The project offers participants an opportunity to learn new creative skills in a friendly, supportive environment. It provides a chance to make new friends, share experiences, promote wellbeing and have fun. The museums provide inspirational environments and collections that can be used to stimulate creativity and engage participants. The artist will provide a range of inclusive creativity activities. Some of the artwork made by participants and staff will be donated to the Fresh Art@ Project and will be displayed at The Swallows at Paulton Hospital. There will also be an opportunity to exhibit work as part of the Bath Fringe Festival end of May – June 2016 and other community events.

Fresh Arts@ project has two artist opportunities commencing February 2016

1. To deliver a series of 12 creative sessions within Bath museums (The Holburne Museum, No 1 Royal Crescent and The American Museum) weekly on Thursday afternoons from 16th February 2016. This community project will be for people affected by or caring for those who have experience of mental health challenges
2. To provide a series of 4 creative sessions on an acute inpatient ward in Hillview Lodge, RUH, Bath

If you are interested in either or both of the above opportunities please provide a project vision for delivering a series of creative sessions.

Please keep your plan to no more than 2 sides of A4. Include any relevant experience of working in the community or ward environment with adults affected by or caring for those who have experience of mental health challenges and how you have addressed some of the potential challenges.

## BRIEF:

To provide the Fresh Art @ steering group with a vision of how you would deliver a creative engagement programme for the project you are interested in:

1. 4 sessions for adults and staff in a ward environment and how you can address some of the potential challenges of working with this audience.
2. 12 sessions for people affected by or caring for those who have experience of mental health challenges in a community setting within museums and how you can address some of the potential challenges of working with this audience. 15 participant places will be available on this 12 week project.

All sessions will be supported by a mental health worker, the Fresh Arts worker and a volunteer.

Participants will be encouraged to donate some of the artwork made during the project to enliven the environment for service users, carers and staff at The Swallows, Paulton Hospital, to promote conversation, be thought provoking and inspirational. There will be also opportunities for artwork to be exhibited at public venues, B&NES events and festivals.

## Project Context

## Fresh Arts @ is a partnership project supported by Creativity Works, Avon & Wiltshire NHS Mental Health Partnership Trust (AWP), The Holburne Museum, No1 Royal Crescent, The American Museum in Britain and Sirona Care & Health.

Building on the success of the Fresh Art @ projects planned and delivered in 2013 - 2016 for Hillview Lodge Psychiatric Unit, Bath NHS House and Ward 4 Dementia Assessment Ward, St. Martins Hospital, the steering group aims to further develop the project by drawing on the experience and learning from the three previous years for The Swallows at Paulton Hospital.

Creativity Works will manage the socially engaged artists. Creativity Works is an arts organisation that delivers high quality socially engaged art and participatory arts projects that make a real difference to people’s lives. The guiding principle of our work is that creativity inspires and empowers people to explore, develop and grow. Creativity Works is an Arts Council England National Portfolio Organisation, based in Radstock, NE Somerset.

## Project Design

The artist/s will work alongside the Fresh Art @ steering group, Creativity Works staff, Fresh Arts worker and volunteers, museum staff, Sirona healthcare staff and AWP staff. The aim is to deliver a high quality project to people both on the ward and living in the community experiencing mental health challenges and their carers offering them a new and positive experience.

## Artist’s Responsibilities

* Work alongside the Fresh Art @ steering group to devise and create a suitable programme of creative engagement, introducing a range of new skills and opportunities for participants to develop their own ideas
* Consult with The Holburne Museum, No1 Royal Crescent, The American Museum in Britainabout their collections to develop an inspiring programme of engagement and activity
* Have clear and consistent communications between the artist/s, volunteers, and Fresh Art @ project steering group
* Carry out risk assessments prior to any of the activities and adhere to all relevant policies
* Make or identify connections with the museums collections and wider community events and activity that might support further progression
* Contribute to an exhibition event during Bath Fringe Festival and other public events
* Liaise with Fresh Art @ steering group about how the project is to be evaluated and monitored

## Context of The Swallows at Paulton Hospital

**The Swallows at Paulton Hospital consists of NHS therapy rooms. Staff are very receptive and enthusiastic about changing the artwork in the therapy rooms on a regular basis and how it will contribute to a positive experience.**

## ****Approach:****

* **To create high quality artworks/outcomes through creativity, conversation and relationships**
* **Work in a flexible and emergent way allowing the outcomes to be determined through conversation and dialogue with all participants**
* **Devise frameworks allowing people to be part of the process in different ways (from casual engagement to decision making)**
* **Start the process from where people are at, their current experiences, activities ideas and feelings, involving people in decision making**
* **Consider good ways to communicate with wider audiences using the unexpected, humour and surprise.**
* **Be open to new people coming to the group once it has started**

**Budget**

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| Artists Fees per session | £75 |
| Material costs per session | £25 |
| Meetings | £50 |

**Dates for the on ward sessions**

To be arranged with the steering group and Nat Burgess Fresh Art @ Worker and Bath Museums.

If you would like further information about the on ward sessions please contact Nat Burgess Fresh Art @ Worker

**Dates for the Community group sessions held within Bath Museums**

Thursdays 2 – 5pm

16, 23 February and 2, 9 March - Holburne Museum

16, 23, 30 March and 6 April – No. 1 Royal Crescent

13, 20, 27 April and 4 May - American Museum

Participants will be able to access the free bus service to and from the American Museum from central Bath

Please read the attached Artists Project Brief and return your application to Philippa Forsey by Wednesday 30th November 2016.

Applications can be emailed to [philppa@creativityworks.org.uk](mailto:philppa@creativityworks.org.uk) or posted to: Creativity Works, 1 Wells Road, Radstock, Bath BA3 3RN

**Project timeline**

9th November 2016 – Artists Call out

30th November - Deadline for artists applications

12th or 13th December – artist  interviews  - venue tbc

16th February – 4th May 2017 – community art sessions at The Holburne Museum, No1 Royal Crescent, The American Museum in Britain

February – April 2017 – on ward sessions – dates tbc

End May – June 2017 – Bath Fringe festival exhibition