



Arts & Health South West

Annual Conference 2018

Diversity and Inclusion in Arts & Health

13th & 14th December, Bristol



Arts & Health South West is an information, support and advocacy organisation for everyone who believes in the value of creativity in enhancing health and wellbeing.

Our Annual Conference 2018 will focus on 'Diversity and Inclusion in Arts & Health' on Thursday 13th and Friday 14th December (8:30am - 5:00pm) at Trinity in Bristol (Trinity Road, BS2 0NW).

Tickets for either or both days are available to purchase until 5th December.

This event is ideal for anyone with an interest in arts and health. We believe that creativity is at the heart of human flourishing.

Programme

DAY 1 - THURSDAY 13TH DECEMBER

Join us for a day exploring the experience and lessons emerging from an EU project, Art & Social Change, which has a focus on the use of the arts for health practitioners in addiction and recovery.

The Day 1 Programme will include keynotes, experiential learning, a panel, a performance and afternoon breakouts on 'Perspectives, Places and Pedagogy', which will include sessions focusing on Recovery Cafes, the 'CHIME' and 'Power Threat Meaning' framework, and perspectives from recoverists and health workers.



The Art & Social Change project offers a rich case study on diverse perspectives. The project has brought together health practitioners from this sector - where burnout can be particularly acute, with artists, and people in active recovery. They are co-developing a training programme for health practitioners on using art in addiction and recovery contexts. AHSW are producing a special podcast series with participants in the project. Listen to a discussion about art in the lives of healthcare workers on the project in the first episode HERE: <http://www.ahsw.org.uk/podcast>. Read about the first and second round pilot training HERE: <https://sites.google.com/site/artsocialchangeproject/learning/pilot-training>

The project is premised on the CHIME theory of recovery and uses an experiential model of delivery - embedding arts activities in the approach to training. It has also brought together cultural perspectives from five different countries - around the difficult and often stigmatised area of addiction.

60 FREE PLACES AVAILABLE

AHSW have bursaries to enable artists and health practitioners working in addiction and/or recovery and people in active recovery to attend the first day of the 2018 Annual Conference for FREE. To register for one of these free places, email admin@artandsocialchange.eu with a brief description of your role and work. Then, you will be provided an invitation to register for one of the FREE places for the first day. You will need to book separately for the second day.

DAY 2 - FRIDAY 14TH DECEMBER

On the 14th December we will focus on diversity and inclusion in arts and health, as well as having the AHSW 13th AGM.

Sado Jirde, Director of Black South West Network, is helping us plan the conference. Claire Hodgson, joint Artistic Director of Diverse City, will be speaking and we will have two panels focusing on different aspects of diversity and inclusion in the arts, and various interactive workshop sessions on topics including race & inclusion, and fundraising.



For one of our afternoon breakout sessions Sado Jirde will facilitate **“An introduction to understanding and tackling inequality in Health and Arts sectors.”**

Workshop description:

Many Black, Asian and minority ethnic (BAME) groups experience higher rates of poverty and ill-health than White British individuals. There is a complex interplay of factors affecting ethnic minority health, such as the long-term impact of migration, racism and discrimination, poor delivery and take-up of health and social care, differences in culture and lifestyles, and, in some conditions such as sickle cell anemia, genetic susceptibility. These issues interact with social, cultural and economic status to increase health disparities. Despite these glaring inequalities in health, BAME people, as well as disabled people and other minority groups, are currently underrepresented in the workforce and leadership roles in the field of arts and health. Moreover, arts has a powerful role to play. In this short introductory workshop we will explore some of the causes of inequality and look at what we can do to create more inclusive cultures in the health and arts sectors in order to increase our impact in addressing these inequities. No one person has an answer, but - collectively we can increase our understanding and contribute to seeking effective interventions. This is a safe, facilitated space - everyone is welcome.

We will be also sharing the learning and hearing from some of the artists involved in the Alternative Visions project: www.ashw.org.uk/alternative_visions

Come and engage with the discussion and find out practical ways to make change happen.

PRICES AND BOOKING:

Day 1:

60 free places for those involved in addiction and recovery

AHSW Members £65

Standard £70

Day 2:

AHSW Members £65

Standard £70

Both Days:

£110

Lunch and tea and coffee is included in the ticket price.

Please book via eventbrite here (you can either check out online or request an invoice):

<https://www.eventbrite.co.uk/o/arts-amp-health-south-west-11063417584>

Getting to the Venue

Address: Trinity Centre, Trinity Road, Bristol BS2 0NW

(Trinity is a big old converted church)

Walking

15min City Centre / 10min Cabot Circus

- Head East from central Bristol towards Cabot Circus/Castle Park.
- From Castle Park/Cabot Circus continue along Castle Street towards Temple Way.
- Cross Temple Way at the Old Market roundabout and continue along Old Market as it changes into West Street.
- The Trinity Centre will be ahead of you, on the corner of Trinity Rd and Clarence Rd.

Cycling

The Trinity Centre is situated just off of the end of the Bath to Bristol Cycle Path (Route 4) - <http://www.bristolbathrailwaypath.org.uk/home.shtml>. Trinity has cycle racks at the front and rear of the building so please do remember to bring your bike lock!

- Near to the end of the path you will reach Newton Park.
- Exit Route 4 at the corner of St Phillips Road and Trinity Street. Turn right onto Trinity Street.
- The Trinity Centre will be ahead of you, on the corner of Trinity Rd and Clarence Rd.

By bus

A number of main bus routes pass the Trinity Centre, either along Stapleton Rd or along Clarence Rd.

Main buses along Stapleton Rd are 48, 49 as well as the night bus N2.

Click here to view for a link to local bus services: <https://www.firstgroup.com>

By train

The nearest train station is Bristol Temple Meads. From here, you can take a short cab ride, or a 20min walk.

- If walking, exit the train station through the Temple Quay exit (side exit past the telephone booths), out past the car park and across the Square (signposted) and along Temple Back.
- On Temple Way, turn right and continue over the bridge and on until you reach the Old Market roundabout.
- Turn right at the roundabout on to Old Market Street and continue along as it changes into West Street.
- The Trinity Centre will be ahead of you, on the corner of Trinity Rd and Clarence Rd.

Driving

- Come off end of M32 at Junction 19 onto Newfoundland Way.
- Continue onto A4032, taking a slight left onto Houlton St, turning left at Staples (1st set of lights after end of motorway) and continuing on Holton St, which leads into Wade St.
- Turn left onto Lawfords Gate (A420), following the road around bearing right onto Trinity Road.
- The Trinity Centre is on the left hand side just past the Trinity Road Library.

Parking information is available here: <https://www.3ca.org.uk/contact/parking>

Access & Dietary Requirements

Accessibility information can be found here: [https://www.3ca.org.uk/activities/renovation/
accessibility](https://www.3ca.org.uk/activities/renovation/accessibility)

We will be sending out an online form to capture any dietary and access requirements/requests before the event.

More Information

For more information about the event, please contact AHSW General Manager Hannah Mumby at info@ahsw.org.uk or by calling 01392 793877 (please leave a message)

Arts & Health South West website: www.ahsw.org.uk

Black South West Network website: <https://www.blacksouthwestnetwork.org>