

Celebrate National Nutrition Month and RDN Day!

Meet Indiana Registered Dietitians from across the state and learn healthy tips from your nutrition experts.



Event organized by the Indiana Academy of Nutrition & Dietetics
(www.eatrightin.org)

Wednesday, March 6th, 2019
11:00am-1:00pm

Menu

Salads: Chopped Cobb with Avocado, Pepper Bacon, Roasted Chicken, Glazed Ham, Smoked Turkey and Egg with Creamy Italian & Buttermilk Ranch, and Winter Citrus over Mixed Greens with Honey Lime Dressing and Feta

Soups: House Made Vegetarian Vegetable

Sides: Assort. Whole Grain Breads w/Olive Oil, Garlic Herb Infused Olive Oil & Sweet Cream Butter

Desserts: Angel Food Cake with Honey Marinated Strawberries

Mini Greek Yogurt Cheesecakes with Raspberry Sauce