

Into the Silence

Sunday, April 12 – Saturday, April 18, 2026

Nazareth Retreat Center, Nazareth KY

Check-in Sun 3:00 pm; Departure Sat. 11:00 am EST

Use live links
on Email Invite



1. **Nazareth Retreat Center** to reserve room and meals, and then
2. **WCCM-USA Registration button** for **Into the Silence** Retreat

TRAVEL:

Nazareth, KY is a 45 minute drive from the Louisville, Kentucky airport, for those who may be flying in. We are working towards having a shuttle that will do one pick-up from the Louisville airport on Sunday afternoon the 12th—and one shuttle that will return folks to the airport on Saturday afternoon the 18th, depending on need. Please let us know if this is an option you wish to request. (Bronagh.oblsb@icloud.com). Rental cars and other shuttle services are available at the airport. There is plenty of parking at Nazareth for those who will be driving.

ABOUT THE EVENT:

We hope you will plan to join us this spring! Our retreat speaker will be Kelly Deutsch, Founder of Spiritual Wanderlust, an on-line and in-person contemplative organization based in Eugene, Oregon. Kelly and the staff of Spiritual Wanderlust have offered the larger contemplative community a Spirituality Summit the past few years that was both attended by and had presenters from WCCM-USA.

The April retreat will be strictly silent from the Grand Silence on Sunday evening after the opening remarks, through breakfast on the following Saturday morning. All meals and our walking meditation times are also in silence. We suggest kindly that the retreat is best suited for seasoned meditators. Cell phones will not be welcome in the meeting spaces or during any of the group offerings—including meals.

Nazareth Retreat Center will be our hosts on their beautiful walkable wooded grounds, lakes, meandering paths, a labyrinth, and a stunning Gothic Church. Accommodations are varied with choices of lodging with private bathrooms as well as dormitory style with shared bathrooms. Please use the Nazareth Retreat Center link for details and explanations of which rooms are available and their particular description. Costs are per room, with some extra cost for your in-room guest if applicable. Your meals throughout are included in the lodging costs. There are functioning kitchens and refrigerators available in most of the lodging buildings in case of bringing dietary supplementary food. Preparation would be at your own discretion.

Commuters will need to purchase meals (\$160) for the retreat through the Nazareth link, as well as also register for the retreat with the WCCM-USA registration link. Should we fill up all 30 spaces, Bardstown is a larger nearby community and contains some lodging availability if one has a car. However there are no partial attendance options for the retreat.

More information about the ministry of the Sisters of Charity of Nazareth will be available in your retreat packet.

REGISTRATION:

It is important to register first for your room and meals at the Nazareth Retreat Center. Our capacity is 30 participants. **There is no option for partial attendance.**

We are so looking forward to this deepening and refreshing time of teaching, silence and the integration with nature at the beautiful Nazareth Retreat Center! Hope you will join us for this week in April when the Redbuds will be blooming in Kentucky.

Warmly,

The INTO THE SILENCE Committee

Cynthia Comiskey, Lisa Downs, Barbara Mollitt, Kathleen Weller, Carol Whitefield

For questions and information: (bronagh.oblsb@icloud.com);

For lodging questions: **Courtney (criggs@nazareth.org, 502-348-1513)**, Guest Services Coordinator

Please see the following page for a sample of the day's schedule.

Into the Silence Silent Retreat

Below is a **sample schedule** of our daily hours. Some changes may occur.

6:45 am	Morning Prayer and Meditation MMR
7:30-8:30 am	Breakfast
8:45 am	Walking Meditation
9:15 am	Spiritual Conversations
	Tuesday/Thursday Sign up on Board in MMR
	One-on-one, 15 minute sessions
9:15 am	Morning Private Time
10:30 am	Plenary Session with Kelly Deutsch
12:00-1:00 pm	Lunch
1:00 pm	Afternoon Private Time
2:30 pm	Walking Meditation
3:15 pm	Spiritual Practice session Kelly Deutsch
4:15 pm	Contemplative Worship
4:45 pm	Contemplative Worship with Sacrament
5:00-6:00 pm	Dinner
7:30 pm	Compline with Meditation

As you can see, our days will be filled with opportunities to grow in spirit through our times of silence, meditation and integration of additional spiritual practices.



*in the deep stillness
appearing from morning light
the spring Redbuds bloom*