

Advent

Lectio and Meditation Retreat 2021

Beginning November 29th and continuing through December 22nd there will be a special seasonal Advent Retreat on Zoom at 8:30 pm EST, Mondays through Fridays (none on Saturdays and Sundays).

The simple format is based on in-person retreats Rev. Weller held during her 30 years in parish ministry. Each evening we'll begin with Lectio using Scripture, poetry, art, or music! A short question will be offered to guide us in our individual Lectio practice. You might want to keep a journal for your Lectio times. After a Collect of Gratitude, we will move into 30 minutes of Meditation—beginning with Fr. John's prayer and ending with a piece of music. The whole movement of the retreat is an invitation towards the Light of Christ using the traditional Advent themes of Hope, Peace, Love and Joy.

Each night, the Zoom room will open at 8:00 p.m. so that people can find their way in...getting settled and centered. (Did you know that you can connect early to the meeting... walk away from your computer...and come back at 8:30 ready for prayer). The meeting is set for all participants to enter with their microphone muted.

On the first night, Nov 29th... Rev. Weller will begin a few minutes before 8:30 with a brief introduction and welcome. Thereafter, the Opening Prayer will start at 8:30 pm EST. **No one will be available to admit latecomers.**

A word about community. As Fr. Laurence is famous for saying, "we build community through our silence." The Advent Retreat is contemplative and there is no time built in for personal conversations, reflections, or questions. Participants are encouraged to keep a journal for those promptings of the Spirit they receive during Lectio. All microphones will be muted until after the final music. Rev. Weller will keep the room open for a few minutes longer for those who may have a question.

Stewardship of Resources...

RESOURCE #1. This announcement is being sent to the WCCM-USA mailing list and will likely be read by 400-500 people. Because of Zoom license restrictions only 100 people can participate in the Advent Retreat. So what does that mean? Please take time to pray about your ability to commit to one of those 100 spaces before registering. If you think you might only attend one or two nights per week, this may not be the retreat for you at this time.

RESOURCE #2. The Advent Retreat (approximately 28 shared hours) is absolutely free to you...an early Christmas present! Any gift that you can make to WCCM-USA at this time would be gratefully received. To make a gift go to <https://wccm-usa.org/support-our-work/>

MARK ON YOUR CALENDAR AND PLEASE TAKE TIME FOR DISCERNMENT:

- Advent Lectio and Meditation: Monday-Friday, November 29th through December 22nd
- Connect to Zoom : 8:00 to 8:29! Use the link you receive after registration.
- At 8:30 pm EST, we will participate in various Lectio Divina practices followed by 30 minutes of silent meditation.
- Pray before registering... can you make this commitment at this time?

YOU MUST PRE-REGISTER TO ATTEND. REGISTER IN ADVANCE FOR THIS RETREAT:

<https://us02web.zoom.us/meeting/register/tZ0pc-6upz0jHtzTboN6KmrJH2zNauYkMjuv>

Still have questions? Contact Dr. Weller via email at: Bronagh.oblsb@icloud.com