

6-Day Intensive Silent Retreat

Monday, October 20 – Saturday, October 25, 2025

TO RESERVE YOUR STAY, CONTACT

Email: Pat King (patrickking50@gmail.com)

Phone: 713-444-6014

Prior Registration is required!

*This mystical truth is proven when we discover that silence allows us
to be who we are and God to be who God is.*

This will be a week of silence and meditation, most suitable for those who have been meditating for some time in our tradition.

On each day of the retreat there are up to 8 periods of meditation. In between these there are periods of contemplative walking, a short talk in the morning by the retreat leader and a 15-minute meeting with one of the team directing the retreat. The day is otherwise a time of complete silence including digital communication.

This is an opportunity for deepening and simplifying one's inner journey that bears much subsequent fruit in one's life and practice.

VENUE: Ruah Spirituality Center
6510 Lawndale St
Houston, TX 77023

Ruah is located within Villa de Matel, the motherhouse of the Sisters of Charity of the Incarnate Word, just a few miles from downtown Houston.

Guests stay in simple dormitory-style, single rooms with shared restroom facilities. Meals are served at specific times: Breakfast at 8:00 am, Dinner at 12:00 pm, and a light Supper at 5:00 pm. The facility is handicapped accessible.

COST: \$475 which will include 5 nights private bedroom, dinner on Monday eve., 3 meals a day Tuesday-Friday and Breakfast on Saturday morning.

Details of making payment for registration to come.

Full Daily Schedule to be provided upon arrival.

Check-in Monday Oct. 20 between 12:30 - 1:30 PM. Check out Saturday Oct. 25 at 11:00 am

Transportation: If you are flying into Houston, please arrive at Houston Hobby Airport, which is the most convenient for us to provide transportation to and from the airport given enough notice. Contact Pat King for transportation questions. (patrickking50@gmail.com or 713-444-6014).