

FALL 1 SWIM LESSONS AT THE AFC

Group Swim Lessons

September 12, 2021 - October 26, 2021

Lesson Testing & Registration Info

To register for swim lessons, a **Swim Lesson Testing Verification & Registration Form** must be presented at the front desk in order to register!!

If participants did not take Summer 2021 lessons, participants **MUST** lesson test prior to registering for lessons for the 2021 Fall Session.

Participants that took Summer 2021 lessons, can present their report card to register for the correct level in the Fall 2021 Session. Outdoor Pool Lesson report cards will be accepted.

Lesson testing will be available:

August 31st — September 10th between the hours of 3:00pm—8:00pm

TUESDAYS—FRIDAYS ONLY at the Aquatic & Fitness Center.

Please arrive at the facility and inform the front desk you are in need of a lesson test.
They will inform a pool staff member who will then assist you.

Lesson Registration Dates:

AFC Members & Summer Lesson Participants: August 31st

General Public: September 3rd

Other Important Information

Registration fees entitle you to participate in your scheduled class only, and does not include any additional use of the facility. If you wish to use the rest of the facility, please pay the daily entry fee or purchase a membership.

Please help us keep the deck clean by always removing your shoes if you enter the pool area to drop off or pick up your child. Once your swimmer is with their instructor, you must view the lessons from the lobby viewing area.

Makeup classes are not permitted. All programs and fees subject to change.

Masks are to be worn at all times while in the facility, if not vaccinated.



At this time, we are offering minimal lessons with limited capacity. Out of an abundance of safety, lessons will only be offered to participants ages 4 years or older. No parent-child swim lessons will be offered at the AFC at this time.

Code #	Class	Dates	Day	Time	# of Lessons	Class Fees Mem./N-Mem.
411020-01	Preschool Aquatics	9/12—10/24	Sun.	10:15—10:45 am	7	\$35 / \$53
411020-02	“	9/16—10/26	Thur.	5:15—5:45 pm	7	\$35 / \$53
411031-01	Learn to Swim Level 1	9/12—10/24	Sun.	9:40 - 10:10 am	7	\$35 / \$53
411031-02	“	9/12—10/24	Sun.	11:50 - 12:20 pm	7	\$35 / \$53
411031-03	“	9/16—10/26	Thur.	5:50—6:20 pm	7	\$35 / \$53
411031-04	“	9/16—10/26	Thur.	6:25—6:55 pm	7	\$35 / \$53
411032-01	Learn to Swim Level 2	9/12—10/24	Sun.	10:15 - 10:45 am	7	\$35 / \$53
411032-02	“	9/12—10/24	Sun.	11:50 - 12:20 pm	7	\$35 / \$53
411032-03	“	9/16—10/26	Thur.	5:15—5:45 pm	7	\$35 / \$53
411032-04	“	9/16—10/26	Thur.	7:00—7:30 pm	7	\$35 / \$53
To register for Level 3 lessons you must be able to swim independently, without any physical or floatation support!						
311033-01	Learn to Swim Level 3	9/12—10/24	Sun.	9:40 - 10:10 am	7	\$35 / \$53
311033-02	“	9/16—10/26	Thur.	5:50—6:20 pm	7	\$35 / \$53
311033-03	“	9/16—10/26	Thur.	6:25—6:55 pm	7	\$35 / \$53
311034-01	Learn to Swim Level 4	9/12—10/24	Sun.	12:25 - 12:55 pm	7	\$35 / \$53
311034-02	“	9/16—10/26	Thur.	7:00—7:30 pm	7	\$35 / \$53

Preschool Aquatics—for children from about 4—5 years of age. Swimmers in preschool aquatics will become familiar and comfortable in and around the water. Basic aquatics skills are taught. All instruction is supported and hands on.

Learn to Swim Level 1—Introduction to Water Skills Learn to swim level 1 is designed to make participants comfortable in the water and orient them to the aquatic environment. Basic personal water safety information and aquatic skills are taught. Participants begin to develop positive attitudes and safe practices in and around the water. **Children should be six years of age or older.** Participants in this level may use bubble belts or need support from the instructor.

Learn to Swim Level 2—Fundamental Aquatic Skills Level 2 marks the beginning of having “locomotion” in the water. Participants build on the basic aquatic skills and water safety skills and concepts learned in Level 1. **Children should be six years of age and older and have passed Level 1 or lesson test prerequisites.** Participants in this level may enter using single bubble belt or needing support from the instructor, but may not graduate until they can swim independently.

****To progress to Level 3, students must pass all skills without the support of bubbles or the instructor.****

Learn to Swim Level 3—Stroke Development In level 3, the aim is to help participants achieve basic water competency in the pool. Participants learn front crawl and elementary backstroke, and multiple different kicks. **Children should be six years of age and older and have passed Level 2 or lesson test prerequisites.** Participants in this level must be able to swim independently of any support.

Learn to Swim Level 4—Stroke Improvement In this level, participants start to develop confidence in the strokes and improve those strokes and other aquatic skills. Endurance begins to be stressed as the strokes previously learned will be swum for greater distances. **Children should be six years of age and older and have passed Level 3 or lesson test prerequisites.**

Joseph H. Emminger, Supervisor

Carl Szarek, Councilman

Mark Campanella, Superintendent

Town of Tonawanda Parks & Recreation Department