

# Important Information

1. It is the responsibility of students enrolled in a review or challenge course to provide their own pocket masks. Masks can be supplied based on request.
2. A classroom set of textbooks will be supplied during the course. A digital copy will be supplied to students, as well. A hardcopy of the textbook can be purchased by students at [www.redcross.org](http://www.redcross.org).
3. Days, times, and fees are subject to change.
4. Classes may be cancelled due to insufficient interest.
5. All courses will require successful demonstration of skills and scoring 80% on higher on all written exams.

# Town of Tonawanda

## Aquatic & Fitness Center

### American Red Cross Course Schedule

January 2020—August 2020

Courses Include

Lifeguarding, Lifeguarding Instructor (seasonal), CPR/AED/First Aid, Waterfront (seasonal)

# Registration Information

**\*\* If you do not have an account, stop by the Aquatic & Fitness Center to register and/or create an account\*\***

All fees are due at the time of registration

To register Online:

1. Go to <https://parksreg.tonawanda.ny.us>
2. Sign in to your account
3. Search for desired course
4. Register for desired course



**Joseph H. Emminger, Supervisor**  
Town of Tonawanda

**William C. Conrad III, Councilman**  
Chairman, Youth, Parks & Recreation  
Committee

**Mark Campanella Superintendent**  
Parks & Recreation Department

Town of Tonawanda Aquatic & Fitness Center

One Pool Plaza  
Buffalo, NY 14223  
716-876-7424

## **Blended Lifeguarding Full (includes CPR/AED/FA/O2)**

164040-02	<b>Mon 2/17—12:00p-2:00p, Tue 2/18—10:30a-5:30p Wed 2/19—10:30a-5:30p, Thur 2/20—10:30a-5:30p</b>	\$170
264040-01	<b>Sun 3/1—10:00a-12:00p, Sun 3/8, 3/22, 3/29 —10:30a-5:30p</b>	\$170
264040-02	<b>Mon 4/13—12:00p-2:00p, Tue 4/14—10:30a-5:30p Wed 4/15—10:30a-5:30p, Thur 4/16—10:30a-5:30p</b>	\$170
364040-01	<b>Mon 7/13—12:00p-2:00p, Tue 7/14—10:00a-5:00p</b>	\$170

## **Lifeguarding Review (includes CPR/AED/FA/O2)**

164042-01	<b>Sat. 2/15 &amp; Sun. 2/16</b>	10:30a-5:30p	\$105
264042-01	<b>Sat. 4/18 &amp; Sun. 4/19</b>	10:30a-5:30p	\$105
264042-02	<b>Sat. 5/30 &amp; Sun. 5/31</b>	10:30a-5:30p	\$105
364042-01	<b>Sat. 6/20 &amp; Sun. 6/21</b>	10:30a-5:30p	\$105
364042-02	<b>Mon. 8/17, Wed. 8/19 &amp; Fri. 8/21</b>	5:00p-9:00p	\$105

## **CPR/ AED/ First Aid (Full)**

164020-01	<b>Sat. 1/11</b>	8:30a-5:30p	\$95
164020-02	<b>Tue. 2/11 &amp; Thur. 2/13</b>	5:00p-9:30p	\$95
264020-01	<b>Sat. 4/11</b>	8:30a-5:30p	\$95
264020-02	<b>Tue. 5/26 &amp; Thur. 5/28</b>	5:00p-9:30p	\$95
364020-01	<b>Sat. 6/13</b>	8:30a-5:30p	\$95
364020-02	<b>Tue. 6/16 &amp; Thur. 6/18</b>	5:00p-9:30p	\$95
364020-03	<b>Sat. 8/15</b>	8:30a-5:30p	\$95

## **CPR/ AED/ First Aid (Challenge)**

164022-02	<b>Wed. 1/15</b>	5:30p-9:00p	\$50
264022-01	<b>Fri. 4/17</b>	12:00p-3:30p	\$50
364022-01	<b>Sat. 5/23</b>	3:00p-6:30p	\$50
364022-02	<b>Sat. 6/9</b>	5:30p-9:00p	\$50

## **CPR/ AED/ First Aid (Review)**

164021-03	<b>Wed. 2/19</b>	4:30p-9:30p	\$65
264021-01	<b>Thur. 3/12</b>	4:30p-9:30p	\$65
264021-02	<b>Fri. 4/17</b>	4:30p-9:30p	\$65
264021-03	<b>Wed. 5/6</b>	4:30p-9:30p	\$65
264021-04	<b>Sat. 5/23</b>	8:30a-2:30p	\$65
364021-01	<b>Fri. 6/12</b>	4:30p-9:30p	\$65
364021-02	<b>Wed 6/24</b>	4:30p-9:30p	\$65
364021-03	<b>Tue 8/18</b>	4:30p-9:30p	\$65

## **Lifeguard Training (Blended)**

Lifeguarding is taught by our certified American Red Cross Instructors who work in the field year round. Each course we offer includes First Aid, CPR/AED for the Professional Rescuer and Health Care Provider, Administering Emergency Oxygen. This blended course has 7 hours on online content that participants must complete in addition to in class hours listed.

**Prerequisites:** 15 years old by the last day of class; swim 300 yards using front crawl and breaststroke; swim one length, retrieve a 10 pound brick in 7 to 10 feet of water and carry it back to starting point using only your legs, and exit the pool in 1:40, and tread water without hands for two minutes.

## **Lifeguard Training Instructor (offered seasonally)**

The Lifeguard Training Instructor course teaches one to plan and teach the Lifeguard Training and other associated courses.

**Prerequisites:** 17 years of age and current lifeguard training certification.

## **CPR/AED/First Aid**

This course teaches one- and two-rescuer CPR, use of an AED, Responding to First Aid emergencies, use of resuscitation masks and bag-valve masks for ventilating victims, and how to respond in special rescue situations. Also, prepare you to respond to basic emergencies, and recognize and care for injuries while using the EMS system.

## **Review Courses**

For both Lifeguarding and CPR certifications, participants must have a valid certification of the class type being taken. The certification is valid 30 days past the expiration date listed. Content will be reviewed and tested to receive an updated certification.

**Prerequisites:** Remain the same as full courses. Must have valid certification up to 30 days past expiration date.