# **AMERICAN RED CROSS**

# EGUARD **TRAINING COURSES** AT THE TOWN OF TONAWANDA AQUATIC CENTER

1 Pool Plaza, Buffalo, NY 14223 | www.ttypr.com | 716-876-7424 | nskarupinski@tonawanda.ny.us

#### A PRE-TEST WILL BE CONDUCTED FOR BOTH FULL & REVIEW COURSES:

This will be completed on first day of class.

The Pre-Test: swim 300 yards continuously on front, tread water for 2 minutes using legs only, and complete timed event within 1:40 minutes (surface dive to retrieve a 10lb object).

A refund will be administered for those that cannot complete the pre-test. A refund will not be administered for those that fail the course.

# FULL COURSES (must attened all sessions to complete course)

#### WHEN:

Friday 10/7/22, 6:30p—8:30p, Saturday 10/8/22, 9:30a—4:30p, Sunday 10/9//22, 9:30a—4:30p, Monday 10/10/22, 9:30a—4:30p

**PREMIUM MEMBER PRICE: \$165 GENERAL PUBLIC PRICE: \$180** 

**LOCATION:** Aguatic & Fitness Center

**COURSE CODE:** 464040-01

#### WHEN:

Saturday 11/19/22, 9:30a—11:30a, Saturday 11/26/22, 9:30a-4:30p, Saturday 12/3/22, 9:30a—4:30p, Saturday 12/10/22, 9:30a - 4:30p

PREMIUM MEMBER PRICE: \$165 **GENERAL PUBLIC PRICE: \$180** 

**LOCATION:** Aquatic & Fitness Center

**COURSE CODE:** 464040-02

ALL FULL LIFEGUARDING COURSES ARE STRUCTURED AS A HYBRID MODEL. ROUGHLY 7 HOURS OF ONLINE ECONTENT WILL BE REQUIRED.

# Joseph H. Emminger, Supervisor Town of Tonawanda

#### Mark Campanella Superintendent Parks & Recreation Department

### **REVIEW COURSES**

WHEN: Saturday 9/10/22, 9:00a-7:00p

**CODE**: 464042-01

**LOCATION:** Aquatic & Fitness Center **PREMIUM MEMBER PRICE: \$95 GENERAL PUBLIC PRICE: \$105** 

WHEN: Saturday 10/15/22, 9:00a-7:00p

**CODE**: 464042-02

**LOCATION:** Aquatic & Fitness Center **PREMIUM MEMBER PRICE: \$95 GENERAL PUBLIC PRICE: \$105** 

**WHEN:** Thursday 12/29/22, 9:00a-7:00p

**CODE:** 464042-03

**LOCATION:** Aquatic & Fitness Center **PREMIUM MEMBER PRICE: \$95 GENERAL PUBLIC PRICE: \$105** 

> To Register: please bring your photo ID and payment to our facility located at 1 Pool Plaza, Buffalo, NY 14223 OR register online!

To register Online:

- 1.Go to https://parksreg.tonawanda.ny.us
- 2. Sign in to your account
- 3. Search for desired course
- 4. Register for desired course

Fall 2022

# FIRST AID & TRAINING

AT THE TOWN OF TONAWANDA AQUATIC CENTER

This course teaches single and two-rescuer CPR, the use of an AED, responding to first aid emergencies, the use of resuscitation masks and masks for bag-valve ventilating victims, and how to respond in special rescue situations. Also, will prepare you to respond to basic emergencies, and recognize and care for injuries while using the EMS system.



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# **CPR/ AED/ First Aid (Full)**

CPR/AED for the Professional Rescuer & First Aid

Code	Date	Time	Premium	General	Location
464020-01	Tu. 9/20 & Th. 9/22	5:00p-930p	\$75	\$ 90	AFC
464020-02	Tue. 11/15 & Thu. 11/17	5:00p-9:00p	\$75	\$ 90	AFC

## CPR/ AED/ First Aid (Review)

CPR/AED for the Professional Rescuer & First Aid

Code	Date	Time	Premium Member	General Public	Location
464021-01	<b>Sat</b> . 9/24	12:00p-5:00p	\$50	\$ 65	AFC
464021-02	<b>Sat</b> . 11/26	4:30p-9:30p	\$50	\$ 65	AFC
464021-03	Fri. 12/23	4:30p-9:30p	\$50	\$ 65	AFC