



Lunch: served each day at Noon, must be pre-registered. You may call on any day to see if we have cancellations.

November 2020

Senior Center 874-3266

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|---|
| 2 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C) | 3 9:30 Ceramics (9) 10:00 Line Dance (C) 1:00 Watercolor (4) 1:00 Ceramics (9) <u>Program: Bingo 1pm (C)</u> | 4 8:45 Yoga (C) 9:00 Sewing Group (14) 9:30 Ceramics (9) 10:15 Zumba (C) 1:00 Ceramics (9) 1:30 Tai Chi (C) <div>Boutique 8:30am- Noon</div> | 5 10:00 Exercise (C) 1:00 Watercolor (4) 1:15 Jazzy Dance (C) <u>Program: Book Club 10am(Conf)</u> | 6 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing (C) |
| 9 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C) <u>Signup: Tree Trim Program- Limit 50</u> | 10 9:30 Ceramics (9) 10:00 Line Dance (C) 1:00 Watercolor (4) 1:00 Ceramics (9) | 11 <div>Closed</div> <div>  VETERANS DAY </div> | 12 10:00 Exercise (C) 1:00 Watercolor (4) 1:15 Jazzy Dance (C) | 13 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing (C) |
| 16 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C) | 17 9:30 Ceramics (9) 10:00 Line Dance (C) 1:00 Watercolor (4) 1:00 Ceramics (9) <u>Program: Bingo 1pm (C)</u> | 18 8:45 Yoga (C) 9:00 Sewing Group (14) 9:30 Ceramics (9) 10:15 Zumba (C) 1:00 Ceramics (9) 1:30 Tai Chi (C) <div>Boutique 8:30am- Noon</div> | 19 10:00 Exercise (C) 1:00 Watercolor (4) 1:15 Jazzy Dance (C) | 20 9:00 Social Crafts (4) 10:00 Preventing Falls (C) 1:15 Drawing (C) |
| 23 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C) | 24 9:30 Ceramics (9) 10:00 Line Dance (C) 1:00 Watercolor (4) 1:00 Ceramics (9) | 25 8:45 Yoga (C) 9:00 Sewing Group (14) 9:30 Ceramics (9) 10:15 Zumba (C) 1:00 Ceramics (9) 1:30 Tai Chi (C) | 26 <div>Closed</div> <div>  HAPPY Thanksgiving </div> | 27 <div>Closed</div> <div>  BLACK FRIDAY </div> |
| 30 9:30 Ceramics (9) 10:00 Exercise (C) 1:00 Ceramics (9) 1:30 Qigong (C) | | | | C = Cafetorium Conf = Conference Room |

You MUST be pre-registered for all classes, activities and programs: SPACE IS LIMITED