

NAME _____



RIVERSIDE DOWNHILL SKI & RIDE PROGRAM

We will begin skiing/riding on Fridays after the holiday break, January 11, 18, 25, February 1, 8, 15, and March 8. We will not ski on February 22, as it's still part of the mountain's holiday week, or on March 1 because of our winter vacation. **There is a huge amount of logistics involved in this process, please help us out by reading this paperwork carefully and returning it as soon as possible.**

Does your child have a season pass? If so, you can save Riverside the \$18 cost of their lift ticket and lesson. (Need-based pass scholarships are available through Kingdom Kids, please ask for more information.)

- ☐ YES
☐ NO

Along with returning this overview letter, please complete all of the following forms carefully and thoroughly:

- ✓ Snowboard or Ski Lesson Level (if your child was in the program last year, we suggested the level they were in at that time)
- ✓ Medical Authorization
- ✓ Express Assumption of Risk
- ✓ Rental Agreement (**even if your child has his or her own equipment**)
 - Will your child be ____ renting weekly or ____ renting only in emergencies?
 - Does your child need to rent a helmet weekly _____?

Please know:

- The **cost** of lessons and lift tickets is covered by the School. Rentals will be billed to your school account (\$9 for ski or snowboard equipment; \$5 for additional helmet).
- We expect all students to wear **helmets** when skiing or snowboarding, however the rental shop at the mountain does not keep many helmets in their inventory. Consider purchasing a helmet, even if you rent the rest of the equipment for your child.
- Even if your child has his/her own **equipment**, forgetfulness, accidents, and changes do suddenly happen. Everything will run more smoothly on our end if we have **complete rental paperwork for each student, whether they have their own equipment or not.**
- Non-faculty **chaperones** can ski with us at a cost of \$10. Nelia will be in touch with chaperones who signed up on the volunteer lists in September about our specific plans and expectations. If you didn't get the chance then, but would like to join us, please let Nelia know. **We are desperate for chaperones for the K-3 program in particular, for which we require a student:adult ration of 1:2.**
- **K-3rd grade students** will leave school via carpool at 12:30 to be ready for an hour-long lesson at 1:30. They will need to have their booster seats left at school on Friday mornings, unless their parent is chaperoning. They will then have about an hour of time to free ski with close supervision from chaperones.
- **4-8th grade students** will leave school via carpool at 11:30 to be ready for an hour-long lesson at 12:15. They will then have more than two hours of time to free ski. We ask that all middle school students ski with a buddy, and that students free skiing on the upper mountain keep chaperones informed of their routes at the beginning or end of each run.
- In the past we have enjoyed donated **snacks** from parents. If you'd be willing to help by sending a snack for about 70 kids please let Nelia know. This way we avoid the expensive temptations of the mountain's snack bar.
- **Pick up** on ski Fridays will be at the Base Lodge at 3:30. Teachers will not be responsible for supervising students after 3:45. If you would like to give specific permission for your child to ski on his/her own, unsupervised, until the lifts close at 4:00, you may do so directly with Nelia.
- Attached you will find descriptions of the skills taught and expected at each **lesson level**. Please review them carefully with your child to choose the best fit lesson. Your child will begin in the lesson you choose, and then Burke School Programs will evaluate whether that placement is best.



223 Sherburne Lodge Road
East Burke, VT 05832

Skiing and Snowboarding Benchmarks

SKIING

Red Magic Carpet Goals: On Magic Carpet terrain executes balancing, stopping, gliding, speed control, shaping turns using a wedge, getting up after falling, putting skis back on after a release

Develops safety habits: listening to instructions, lining up correctly, staying with group/instructor, riding Carpet safely, looking uphill before moving, giving right of way to skiers downhill

Understands equipment: boot fit, cleaning off boot bottom, stepping into binding; binding functions, ski brake, edges, Ptex, shape, flex

Green J Bar Goals: On J Bar terrain and perfect slope terrain performs linked rhythmical turns using wedge and begins to match skis through middle / end of turn

Develops safety habits: lining up correctly, listening to instruction, knowing equipment and safety devices, staying with group/instructor, riding J Bar safely, standing/stopping on side of trail, looking uphill before moving, giving right of way to skiers downhill, controlling speed, observing all posted signs and warnings

Sherburne Green Chair Goals: On green terrain served by the Sherburne chair executes linked rhythmical turns in parallel

Develops safety habits: lining up correctly, listening to instruction, knowing equipment and safety devices, staying with group/instructor, loading, riding and unloading chair safely, standing/stopping on side of trail, avoiding standing under lifts, looking uphill before moving, giving right of way to skiers downhill, controlling speed, observing all posted signs and warnings

Upper Mountain Goals: On blue / black terrain executes linked rhythmical turns in parallel through utilizing ski shape / tipping / rolling;), knowing how and when to blend edging and steering to meet varying conditions and terrain building towards more dynamic parallel skills, maintaining athletic stance and balance in a variety of terrain including bumps

Develops safety habits: lining up correctly, listening to instruction, knowing equipment and safety devices, staying with group/instructor, loading, riding and unloading chair safely, standing/stopping on side of trail, avoiding standing under lifts, looking uphill before moving, giving right of way to skiers downhill, controlling speed, observing all posted signs and warnings, knowing trail systems and carrying trail map, skiing in a group of 3+, recognizing specific demands and hazards in exploring blue / black terrain in varying conditions

Student: _____

Level: _____

Signature: _____



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Skiing and Snowboarding Benchmarks
SNOWBOARD

Red Magic Carpet Goals: On Magic Carpet terrain executes balancing, stopping, gliding, speed control, shaping turns, and getting up after falling.

Develops safety habits: listening to instructions, lining up correctly, staying with group/instructor, riding Carpet safely, looking uphill before moving, giving right of way to Riders downhill

Understands equipment: boot fit, cleaning off boot bottom, stepping into binding; binding functions, edges, Nose, Tail, Heal edge, Toe Edge, P-tex, shape, flex

Green J Bar Goals: On J Bar terrain and perfect slope terrain performs linked rhythmical turns using heal and toe edge

Develops safety habits: lining up correctly, listening to instruction, knowing equipment and safety devices, staying with group/instructor, riding J Bar safely, standing/stopping on side of trail, looking uphill before moving, giving right of way to riders downhill, controlling speed, observing all posted signs and warnings

Sherburne Green Chair Goals: On green terrain served by the Sherburne chair executes linked rhythmical turns.

Develops safety habits: lining up correctly, listening to instruction, knowing equipment and safety devices, staying with group/instructor, loading, riding and unloading chair safely, standing/stopping on side of trail, avoiding standing under lifts, looking uphill before moving, giving right of way to riders downhill, controlling speed, observing all posted signs and warnings, traveling safely in glades

Upper Mountain Goals: On blue / black terrain executes linked rhythmical turns utilizing turn shape / heal to toe with extension and flexion / tilting;), knowing how and when to blend edging and steering to meet varying conditions and terrain building towards more dynamic skills, maintaining athletic stance and balance in a variety of terrain including bumps

Develops safety habits: lining up correctly, listening to instruction, knowing equipment and safety devices, staying with group/instructor, loading, riding and unloading chair safely, standing/stopping on side of trail, avoiding standing under lifts, looking uphill before moving, giving right of way to riders downhill, controlling speed, observing all posted signs and warnings, knowing trail systems and carrying trail map, riding in a group of 3+, recognizing specific demands and hazards in exploring blue / black terrain in varying conditions, traveling safely in glades

Student: _____

Level: _____

Signature: _____



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2019 BURKE MT. SCHOOL PROGRAM

EXPRESS ASSUMPTION of RISK and, SKI SCHOOL/RENTAL AGREEMENT

NOTE: BOTH PARENT (or GUARDIAN) and STUDENT MUST SIGN THIS FORM.

STUDENT NAME: _____ SCHOOL: _____

I. EXPRESS ASSUMPTION OF RISK AGREEMENT

Every participant in the Burke Mt. School Program must have a signed Express Assumption of Risk and Rental Agreement on file for the 2018-2019 season. It is understood by the parent/guardian and student that this Agreement will be used for the entire season of winter sports and for multiple use of the rental equipment from the rental shop at Burke Mountain Resort.

- 1) We understand as the above named student and the parent or legal guardian of the above named student that our school will be participating in the 2019 School Program at Burke Mountain Resort a multiple number of times during the 2018-2019 winter season, and that this Agreement will be valid for each trip to Burke Mountain Resort as a participant in the school's 2019 School Program.
- 2) We will be responsible for the replacement at full retail value of any equipment rented during the season but not returned to the rental shop by me (student) or my child/legal ward. We agree that the equipment rented is not to be transferred to any other user and if it is, we agree to indemnify the provider of this equipment against any claims, demands, injuries, losses, or other damages arising out of the use of said equipment by any unauthorized person.
- 3) Furthermore, in consideration of me (student) and my child (or legal ward) being allowed to participate in this program at Burke Mountain Resort, and further in consideration of this equipment being rented and provided at our request, and further in consideration of all of the above *we freely and willingly accept and voluntarily assume all risk of property damage, personal injury, or death which may occur to me (student) and my child, or legal ward, which occurs at Burke Mountain Resort, and which results from participation in winter sports activities and the inherent risks of such activities as they are defined herein.*
- 4) We further agree that the phrase "inherent risks" means those risks, which are listed in this agreement, or those that can reasonably be inferred there from. We also agree and understand that these risks are both obvious and necessary to these winter sports activities. We acknowledge and assume the risk of injury to children while loading, riding, and unloading lifts. Children age 8 and under may be riding a lift with adults other than the instructor. Children age 8 or older may be riding a lift without an adult. We agree that these inherent risks include but are not limited to changing weather conditions; surface and/or subsurface snow conditions as they may from time to time exist and may change or be affected by weather, skier, or other participant usage, and whether such conditions are surface or subsurface or consist of ice, hard pack, powder, packed powder, wind pack, corn, crust, slush, cut up snow, and/or machine made or machine enhanced snow; other conditions including bare spots, forest growth and debris, stumps and trees, streambeds and other natural objects and/or collisions with such objects; collisions with lift towers, signs, posts, fences, or other enclosures, water and/or air pipes or other manmade structures, and/or their components such as hydrants used in snowmaking or for other necessary purposes; whether any of these obstacles are padded or unpadded; over snow vehicles or equipment; variations in steepness of terrain including but not limited to roads and/or other terrain modifications or features or variations in terrain that occur naturally or as their result of slope design, weather changes, snow making and/or snow grooming operations, or participant usage.
- 5) Therefore, in consideration of all of the above I agree that I will not make any claim nor bring any suit for any damages, injury, or death to myself which results from any such inherent risks, as I have agreed that are defined herein. I also agree, that in the event that anyone makes any claim against Burke Mountain Resort; BMO; Burke 2000, LLC ("The Entities"); or any of its officers, directors, shareholders, agents, and/or employees, as a result of any of my activity on their premises or the use of their facilities, that I will indemnify and hold harmless The Entities from such claims.
- 6) I further agree that any dispute arising out of this contract and/or from any use by me of any of the premises or facilities at Burke Mountain Resort shall be litigated exclusively in the Superior Court of Caledonia County, Vermont or the U.S. District Court for the District of Vermont. I also agree to abide by the terms of any rules of conduct for sports participant posted at Burke Mountain Resort or contained on its seasonal trail maps or brochures.
- 7) By my signature below, I acknowledge that I have carefully read this Express Assumption of Risk Agreement and I fully understand its contents. I fully agree that this contract is binding upon myself, my heirs and assigns, and to the extent that I am signing this document on behalf of a minor, I represent and guarantee that I have full authority to do so realizing the full binding effect of this Agreement on the minor as well as myself.

Revision 11-5-13

STUDENT SIGNATURE _____ Date of Birth _____

Parent or Guardian Signature _____ Date _____

Parent or Guardian Name (PRINT) _____

TO BE COMPLETED
BY EVERYONE
PLEASE



223 Sherburne Lodge Road
East Burke, VT 05832

2019 SCHOOL PROGRAM RENTAL AGREEMENT

even if you have
your own equipment,
this is easiest when
things are forgotten
or broken

STUDENT NAME _____ SEASON RENTAL: YES _____ NO _____

(Please print neatly)

SCHOOL _____ SCHOOL PHONE # _____

'yes' for renting weekly
'no' if you have equipment

I. SKI RENTAL

- 1) STUDENT: WEIGHT _____ HEIGHT _____ AGE _____ SKIER TYPE _____ (Use I, II, or III from form)
- 2) I understand that the ski-boot binding system is not designed to release at all times and is therefore no guarantee of the safety of the user.
- 3) I have reviewed the entries in this form with respect to student weight, height, age, and ability and I agree that there have been no misrepresentations to the Rental Shop in regard to this information
- 4) I have read and understood the Express Assumption of Risk and Ski School/Rental Agreement above.

II. SNOWBOARD RENTAL

- 1) STUDENT: WEIGHT _____ HEIGHT _____ AGE _____ RIDING ABILITY _____
- 2) STANCE: REGULAR ___ GOOFY ___
- 3) I understand that the snowboard, boot, binding system does not release and is no guarantee for safety of the user.
- 4) I have reviewed the entries in this form with respect to the student's weight, height, age, and ability and I agree that there have been no misrepresentations to the Rental Shop in regard to this information.
- 5) I have read and understood the Express Assumption of Risk and Ski School/Rental Agreement.

III. HELMET RENTAL

- 1) RENTING A HELMET _____ NOT RENTING A HELMET _____

If a helmet is being furnished, I understand that no headgear can protect against all foreseeable impacts, that skiing and snowboarding can expose the user to forces which exceed the limits of protection offered by this helmet, that helmets do not guard against injury to the neck, spine, face, or any other part of the body, and that these features are an inherent risk of using this equipment. Helmets must be properly fitted to each user, and I agree that this helmet has been properly fitted by the provider. I warrant that the helmet is comfortably snug and that when I fasten the chin strap and shake my head there is no significant movement of the helmet.

FIRST VISIT INFORMATION - FOR STAFF USE ONLY			
BOOT SIZE		BOOT SIZE	
SOLE LENGTH		BOARD SIZE	
ASSET #		ASSET #	
SKI SIZE			
ASSET #		HELMET	
SKIER CODE			
VIS		TECH INITIALS	

STUDENT SIGNATURE _____ Date of Birth _____

PARENT OR GUARDIAN SIGNATURE _____ Date _____

PARENT OR GUARDIAN NAME (PRINT) _____

IN CASE OF EMERGENCY PLEASE CALL _____

TELEPHONE # _____

this is
for setting bindings
on rented equipment



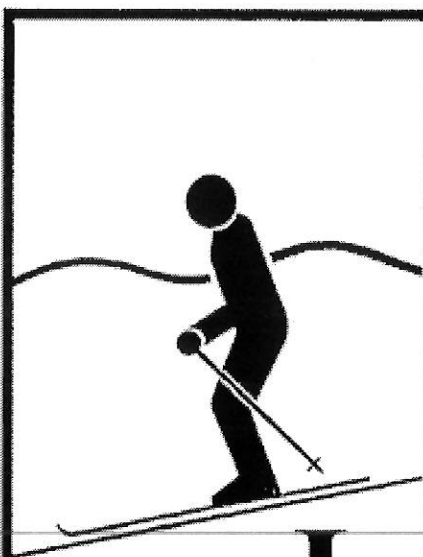
223 Sherburne Lodge Road
East Burke, VT 05832

these are
NOT
lesson levels

Classify Yourself

DETERMINING YOUR SKIER TYPE IS YOUR RESPONSIBILITY

Your Skier Type, height, weight, age, and boot sole length are used by the shop technician to determine the release/retention settings for your bindings. Consult these descriptions to select your classification. Be sure to provide accurate information. Errors may increase your risk of injury.



Type I

Cautious skiing on smooth slopes of gentle to moderate pitch

Skiers who designate themselves as Type I receive lower than average release/retention settings. This corresponds to an increased risk of inadvertent binding release in order to gain releasability in a fall. This type also applies to entry-level skiers uncertain of their classification.

Skiers not
classified as
Types I or III —

Type II

Skiers who designate themselves as Type II receive average release/retention settings appropriate for most recreational skiing.



Type III

Fast skiing on slopes of moderate to steep pitch

Skiers who designate themselves as Type III receive higher than average release/retention settings. This corresponds to decreased releasability in a fall in order gain a decreased risk of inadvertent binding release.
This Classification is not recommended for skiers 47lb (21kg) and under.

If from experience, you have been dissatisfied with the release/retention settings that result from your skier classification, mention this to your binding technician.



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MEDICAL AUTHORIZATION

Valid for the 2019 Ski & Ride Season

SCHOOL NAME: _____ Grade _____

CHILD'S NAME: _____ (Last Name) _____ (First Name) _____ (MI) _____ DOB _____

PHONE #: _____ EMERGENCY #: _____

INSURANCE COMPANY: _____

POLICY #: _____

PARENT OR GUARDIAN NAME: _____

I, the undersigned, authorize anyone working for Burke Mountain Resort or at the Burke Mountain ski area to call for such medical care for the above named child and/or to transport the child to the appropriate clinic or hospital; and if in the opinion of anyone working for Burke Mountain Resort that medical attention is required for the child, this authorizes a licensed physician or other recognized first aid staff member to carry out emergency medical care deemed necessary for my child/ward in an emergency where normal permission is unavailable.

I, the undersigned, agree that upon transporting the child to any medical facility, clinic, or hospital, that the responsibility of Burke Mountain Resort shall be totally fulfilled, and Burke Mountain Resort shall not have any further responsibility for the child.

I, the undersigned, agree to pay all costs associated with such medical care and related transportation for the child, and indemnify and hold Burke Mountain Resort its representatives, agents, affiliates, directors, servants, employees, and owners harmless for any costs incurred therein.

I have carefully read this release and understand its content and language.

For himself or herself as individuals, and as parent or guardian of the child, does the child have the following:

1.) ANY MEDICAL ALERTS? _____

2.) ANY ALLERGIES? _____

3.) ANY MEDICATIONS? _____

Parent or Guardian Signature _____ Date _____

Parent or Guardian Name (PRINT) _____