

A Great Day in the Kingdom – October 15, 2021

Do you ever forget to pray? The honest response from all of us should be, "Yes." Most of us have some form of prayer ritual, each day. The most popular is rising to meet the day with God and retiring with God, in the evenings. What about the meantime? Sometimes the meantime is mean time. In other words, life, people or challenging circumstances can cause angst for all of us, at one time or another.

So often we fail to pray because we do not stop to pray. When humans, as our God created us, are reminded through trials that we need God, it is sometimes difficult in seeing the forest for the trees. Scripture calls us to turn to God and rely on God in times of trouble and uncertainty, yet this requires focus. True focus requires intentionality on our part, which means stopping and Praying a prayer of petition. Mid-day is a good time to practice this form of prayer.

Psalm 56:3-4, When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?

Through prayer we are reminded of our eternal existence with God. Our current circumstances are just that; current. Prayer reminds us of who we are and Whose we are, in Christ Jesus. Mid-day prayer can be a powerful experience, when we stop and listen.

PRAYER: Almighty God, I humbly ask that you help me to stop. Help me to focus, as You remind me that flesh cannot eternally harm me. I pray that you strengthen my faith and help me return to you, when I have focus elsewhere. Help me to cease the distracting world around me, only for a minute. May I hear your soft, still voice. May it redirect me into your will. In the name of the Risen Christ, Jesus I pray. AMEN.