

Links to Independence (LTI) *provides critical one-on-one life skills training and supports that enable adults with ID/D to lead the most empowered, independent lives possible.* Key components of the program include at-home skills training and community integration. As participants become more engaged in the community around them--by becoming a volunteer, pursuing an interest, securing a job, or simply learning to make use of the resources available to them--they enjoy a more productive, inclusive, and fulfilling life that can lead to a more self-sufficient lifestyle. Links to Independence is funded by the PA Office of Developmental Programs. *To learn more, email:* Roxanne.Daniel@ucpcentralpa.org

Pathways *is an innovative two-year independent living program for people 18 or older with intellectual and developmental disabilities who are making the transition from school and/or family living to a more independent lifestyle.* The program prepares young adults who have both the desire and the ability to make informed decisions on such life matters as continuing their education, determining a career direction, securing employment, and living independently in the community. *The premise of Pathways is that we all want the same basic things in life; some of us just take a different path to get there.* Pathways is funded by the PA Office of Developmental Programs. *To learn more, email:* Deb.Camuso@ucpcentralpa.org

Pathways Academy *is an intensive 9-18 month residential training program that helps adults with intellectual disabilities learn the skills needed to live with minimal supports in the community.* Individuals entering the curriculum-based program will have round-the-clock habilitation staffing for as long as needed. The level of support in the home decreases as the resident strengthens his or her skill level and is able to perform specific targeted living skills independently. As such, *Pathways Academy is more than a place to call home; it's a path to independence.* Graduates from the program successfully transition to independent living situations (with minimal support), either in their own apartment or rooming with others in the community of their choosing. Pathways Academy is funded by the PA Office of Developmental Programs. *To learn more, email:* Katelyn.Kuhn@ucpcentralpa.org