



*"For the adults who run them and for the agencies that sponsor them, Sibshops are evidence of their loving concern for the family member who will have the longest-lasting relationship with a person who has a disability."*

## **Who:**

Siblings of children with disabilities between the ages of 6 and 12.

## **What:**

Sibshops - Recreational Sibling Support Forum

## **Where:**

UCP Central PA Office  
55 Utley Drive Camp Hill, PA 17011



## **When:**

Saturdays- Four sessions in the Fall, Four in the Spring

**Fall Season is Sept. 8<sup>th</sup>, Sept. 29<sup>th</sup>, Nov. 3<sup>rd</sup> & Dec. 1<sup>st</sup>**

**9:30 AM to 12:00 PM**

## **Why:**

- ❖ Sibshops are designed for school-age children. Peer support is provided within a lively, recreational context that emphasizes a kids'-eye-view.
- ❖ Sibshops acknowledge that most brothers and sisters of children with disabilities are doing well, despite the challenges of having a sibling with a disability.
- ❖ Sibshops seek to provide siblings opportunities to talk about the good and not-so-good parts of having a sib with special needs with others who "get it", while having fun
- ❖ Sibshops are not therapy, although their effect may be therapeutic for some children.

## **Cost:**

\$25.00 for all four sessions. Lunch is provided.

**If you are interested in more information, or you would like a registration form, contact Bernadette Jayakumar at 717-836-0673 or email**

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