

WHAT'S NEXT? SUNDAY SALONS

From Working Full Time to Living Full Time

- What gets you up in the morning? What matters to you the most?
- Are you resilient in the face of challenges? Are you cultivating inner strengths?
- Would you like to change your life in some way but are not sure how?
- Do you find yourself dreaming about a path you have yet to pursue?

Many challenging questions surface as we take stock of our lives. They can lead us to thoughtful reflection and a desire to explore new territory. With our busy lives, there is little time to think about "what's next for me"?

If you are in the process of exploring new possibilities and rethinking your life and work, or just taking an inventory of where you are, you can benefit from these Sunday group sessions. Participate in informative, facilitated discussions with others who are also evaluating the next steps on their paths.

These two-hour conversations on Sunday afternoons, guided by Luanne Mullin (Masters Degrees in Clinical Psychology and in Education), are highly interactive and thought provoking, providing participants the opportunity to begin exploring their journeys and plans for a second act. These group interactions have the potential to allow us to be more life-affirming and purposeful as we contemplate the years ahead.

WHAT'S NEXT? SALONS FOR JULY 2018

Sundays, 2 to 4 pm, July 8 and 15 in Corte Madera, CA

\$25 per session

Reserve Your Space for One or Both sessions Now

<https://www.paypal.me/luannemullin>

Or Call or Email to sign up: 415-419-9811 Luanne.Mullin@comcast.net
www.LuanneMullin.com