



## WHAT'S NEXT? SUNDAY SALONS

### Redefining Retirement

- What gets you up in the morning? What matters to you the most?
- How do you live now that you know you will not live forever?
- Would you like to change your life in some way but are not sure how?
- Do you find yourself dreaming about a path you did not pursue?

Many compelling questions surface as we take stock of our lives. They can lead us to thoughtful reflection and a desire to explore new territory. Or they can just nudge us to stop, take a breath, and get our bearings.

If you are in the process of exploring new possibilities and rethinking your life and work, or just taking an inventory of where you are, you can benefit from these Sunday group sessions. Participate in informative, facilitated discussions with others who are also considering what's next in their lives.

These two-hour conversations over three weeks, guided by Luanne Mullin (Masters Degrees in Psychology and in Education), are highly interactive and thought provoking, providing participants the opportunity to begin exploring their journeys and plans for a second act. These group interactions have the potential to allow us to be more life-affirming and purposeful as we enter the second half of our lives.

## WHAT'S NEXT? SALONS FOR MARCH 2017

Sundays, 2 to 4 pm, March 5, 12, and 19 in Corte Madera, CA

\$25 per week

Reserve Your Space for all 3 Sessions Now

<https://www.paypal.me/luannemullin>

Or Call or Email to sign up: 415-419-9811 [Luanne.Mullin@comcast.net](mailto:Luanne.Mullin@comcast.net)  
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