

Hello, my name is Maria Pedroza and I was born in Buenos Aires, Argentina. I moved to the U.S. in 1988 and as the famous song goes, "I Left My Heart in San Francisco." Little did I know what a fantastic journey lay ahead.

The move initiated a transformation from being a mind centered psychoanalyst to becoming a heart centered shaman and a healer. A near-death experience threw me out of balance and pulled the rug out from under my well established professional life. Becoming a shaman and a healer wasn't on my agenda but I had no power to oppose it. I am thankful to have landed in the Bay Area where I found the support I needed during those transformational years, because the changes weren't easy.

As women, our resources and strength can become limited by previous traumatic experiences. My life's work is to liberate ourselves from the deep wounds that we silently and courageously carry through our lives. Some wounds were passed on from one generation to the next. I feel honored to use ancient knowledge shared by countless indigenous traditions to remove the traumatic energy trapped in the psyche, to liberate our feminine power.

Lately, I have watched friends and clients enter into an intensely stressful period as the political climate bombards us daily. It looks as if gains during the years of struggle for women's rights are at stake. Every day, it seems, the news is so overwhelming that it feels as if any actions that we take are meaningless.

Living through several military coups in Argentina when human rights were suppressed has given me the experience to create new strategies to regain freedom from paralyzing fear. We women have the power to see more possibilities in any situation using our intuition and our connection to our higher powers.

Taking action is the best antidote to paralyzing fear but we need to do it from a place of power, and not become exhausted by acting from our wounded places. We can learn to trust this power. We can learn to tap into our inner guidance, and we can build a healthy emotional body to have the resources to bring changes in the world.

The initiations and guidance I received from Masters Healers and Avatars help me to understand what a person needs to become healthier and happier. During personal healing sessions, I journey to higher dimensions and I can see the underlying cause of personal stress. In a workshop with like-minded women we will create a safe environment to become empowered working together to shine our light.

I graduated with an MA in Psychology from John F. Kennedy University in Argentina. I am a Minister Practitioner for Center of Divine Hope Church, a Rising Star Healing System Teacher and a 24th generation Curandera of an unbroken lineage of Mayan and Aztec Shamans. I also provide Biontology treatment to balance the physical body. This spiritual, emotional, and physical work I offer is all part of one path that will help you to reach higher levels of self-healing. Miracles happen in my office frequently.

Blessings,
Maria Pedroza

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