Table Prayers for Earth Day Week

Gracious God, all we have is what You have given us. Life is a gift. Food is a gift. This earth is a gift. Help us to live lives that express our gratitude for all Your gifts – life, food, water, and the beauty of this earth. Amen.*

Earth-maker, all of creation belongs to You. Bless this meal that it may nourish our bodies and strengthen our determination to preserve the earth. Help us to live more sustainably, to share earth's bounty more equally, and to act more justly. Amen.*

O God of Abundant Love, at this table we are reminded that everyone needs to eat. In your mercy, You have designed an earth that can adequately provide enough food for all. In Your wisdom, You have created an earth that also requires our care to preserve its capacity to feed everyone. Let this meal feed us, sustain us, and give us the strength to joyfully fulfill our responsibility. Amen.*

Mothering God, every breath we take is evidence of Your loving mercy. And every meal we eat is evidence of Your nurturing care. May our gratitude and love for You be evident in the words we speak, in our care for the environment, and with lifestyles that can be sustained by this earth that we share. Amen.*

Loving God, we partake of this meal with gratitude for Your creation. In a world that suffers from overconsumption, give us the will to refrain from taking more than we need. In a globe where producing enough food for all has been frustrated, help us to resist apathy. We pray that our grateful sharing of this meal will empower us to strive towards preserving an earth that is healthy enough to assure the well-being of everyone. Amen.*

O God, Creator and Preserver of Life, we gather around this table with thanks for the food before us, a gift from the earth that sustains us. We see the damage that we humans have caused to our precious planet. May this meal nourish our bodies and strengthen our resolve to be good stewards of your creation, so that we may help to ensure a healthy planet for generations to come. Amen.**



*Adapted from Thanking God With Integrity, Volume II: Table Grace in a World Struggling with Climate Change, by Willard Metzger

https://www.interfaithpowerandlight.org/wpcontent/uploads/Table_Grace_Vol.2.pdf, pp 12,18, 34, 37, 38

**Adapted, https://www.chausa.org/prayers/general-prayers-and-prayerservices/meal-prayers/blessings-before-meals