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| C:\Users\Office Manager\Desktop\Kelly's Folder\Clip Art Groups\images-nature-clip-art-sunrise-clipart.jpg  **Two-Part**  **R.E.S.T. TRAINING**  (**R**espite **E**ducation and **S**upport **T**ools)  September 29 & October 6th 9:30-1:30  Vineyard Commons  **Vineyard Commons 6 Merlot Drive Highland NY 12528**  **Become a volunteer respite worker!**  You will be trained to offer social respite to caregivers, allowing them a short break to do things outside of the home, such as doctor’s appointments, shopping or time with friends.  ***This is a two-day training. You need to attend both days to become a volunteer.***  **To register for this training, please call the Office for the Aging 845-340-3456.**  Seal of Ulster County State of New York | |  | | --- | | **Do you know a caregiver who could use a few hours to get things done but can’t leave their loved one home alone?** \_\_\_\_ **Learn the three key steps to become an effective volunteer respite worker: …Prepare …Care …Connect** \_\_\_\_ Vineyard Commons Art Room rest image  \_\_\_\_ | | For addiTonal Information CallJewish Family Services 208 Wall Street Kingston, NY 12401  (845) 338-2980  www.jfsulster.org  https://nebula.wsimg.com/2d5c87aa814bb76161623db88218b14d?AccessKeyId=1C76DF71793C152A6741&disposition=0&alloworigin=1 | |