



TRAIN-THE-TRAINER

NOVEMBER 29 & 30

Do staff or volunteers in your organization provide respite?

Respite, or **short-term temporary relief**, supports caregivers who are caring for loved ones. Respite allows caregivers to step away from their duties to refresh and recharge

Respite is often referred to as “giving the gift of time.”

Why should your organization use the REST training?

Hundreds of representatives from religious and healthcare organizations, volunteer organizations, senior living facilities, schools or other groups have taken advantage of this training opportunity.

REST in your NYS respite program can benefit your organization

- ✓ Consistent, comprehensive training
- ✓ Interactive and engaging format.
- ✓ Customizable sections to add your specific policies & procedures & scenarios relevant to your population
- ✓ Practice and feedback built into the training.
- ✓ Programmatic support from the **NYS Caregiving & Respite Coalition** and the **New York State Office for the Aging**.
- ✓ Non-profits with REST trained volunteers may be eligible for **NYSCRC mini-grant funding**

REST programs can be customized around your organization's requirements.

This two-day training is presented in an interactive format.

Participants meet classroom style and in small-groups to cover all subject matter.

**Ulster County
Office for Aging**

**Two day training
\$595**

Scholarships available
For more information or to register, contact
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