

THE NYSCRC CAREGIVING SIMULATION

Your eyes will be opened.

Often people who have not **yet*** found themselves in a caregiving relationship cannot imagine the day-in and day-out **financial, emotional, physical, spiritual** and **societal** impact it has on a person.

What would you do first?

Deciding whether to get food, get to work on a given day or skip a medical appointment. These are just a few of the choices caregivers make each day. Add in the uncertain events which come unexpectedly and you have a taste of what it is like to be a caregiver. As we encourage caregivers to "take care of themselves", the reality of how challenging that is becomes clear in this exercise.

You will walk away changed.

It has been described as humbling and eye-opening. Our hope is that this experience will alert participants to the need to advocate on behalf of caregivers, and that they will find their own unique way to make a difference in someone's caregiving journey.

we say **yet because it is nearly inevitable that at some point in your life you will be involved in a caregiving situation.*

To learn more, or to register, visit
<https://caregiversimulation.eventbrite.com>



Friday June 21

1:00 – 4:00 pm

Center for Emergency
Operations & Training
3360 Gypsy Lane,
Mount Morris, NY 14510

sponsored by



We are pleased to let you know that (3) CEU's for social workers are available for attendees of this event.
You **must** request at time of registration.

Lifespan of Greater Rochester SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0089.