



TRAIN-THE-TRAINER

February 14 and 15, 2019

Do staff or volunteers in your organization provide respite?

Respite, or **short-term temporary relief**, supports caregivers who are caring for loved ones. Respite allows caregivers to step away from their duties to refresh and recharge.

Respite is often referred to as “giving the gift of time.”

Why should your organization use the REST training?

Hundreds of representatives from religious and healthcare organizations, volunteer organizations, senior living facilities, schools or other groups have taken advantage of this training opportunity.

REST in your NYS respite program can benefit your organization

- Consistent, comprehensive evidence-based training aligned with the national guidelines for respite.
- Customizable sections to add your specific policies & procedures & scenarios relevant to your population.
- Practice and feedback built into the training.
- Programmatic support from the **NYS Caregiving & Respite Coalition** and the **Finger Lakes Geriatric Education Center**



Funded by the federal Lifespan Respite Act Administration for Community Living

REST programs can be customized around your organization's requirements.

This two-day 9 am –5 pm training is presented in an interactive format.

Participants meet classroom style and in small-groups to cover all subject matter.

Greece Baptist Church

**1230 Long Pond Rd,
Rochester, NY 14626**

Two-day training \$595

Scholarships available for NY organizations and individuals

For more information or to register, contact
scackett@lifespan-roch.org
585-629-0388