

CAREGIVER CELEBRATION!!

Co-sponsored by the Tompkins County Office for the Aging & the Cancer Resource Center of the Finger Lakes

When: Saturday, June 9th, 2018 from 1-4:00pm

Where: Tompkins County Office for the Aging
214 W. Martin Luther King Jr./State St. - Ithaca, NY

What: Music, poetry, chair massages, mindfulness/yoga and other wellness topics and activities, and info tables! Light refreshments will be served.



**Come join us for a celebration of all Caregivers-
family members, friends, and all loved ones!**



Respite care may be available for your loved one while you attend this event! Please call Caryn Bullis at the Tompkins County Office for the Aging at 607-274-5450, or e-mail cbullis@tompkins-co.org for more information.

