



24/6 THE POWER OF UNPLUGGING ONE DAY A WEEK

Join author Tiffany Shlain, an Emmy-nominated filmmaker, founder of the Webby Awards, and author for an evening of discussion about her best-selling book 24/6: The Power of Unplugging One Day A Week.

TUESDAY, SEPTEMBER 8TH
7:00PM
ON ZOOM

Meeting ID: 816 3217 1986
By Phone: (646) 558-8656

Do you wish you had more time to do what you love, think deeply, and focus on the people and things that matter most? By giving up screens one day a week for over a decade, Internet pioneer and renowned filmmaker Tiffany Shlain and her family have gained more time, productivity, connection, and presence. Shlain takes us on a thought-provoking and entertaining journey through time and technology, introducing a strategy for flourishing in our 24/7 world. Drawn from the ancient ritual of Shabbat, living 24/6 can work for anyone from any background.

