

# 2020 Virtual State 10-Pin Bowling Tournament

## Day of Bowling Requirements

- **Screening Protocol and Screening and Tracking Form**: The COVID-19 Contact Person must screen and monitor all participants for symptoms - prior to entering the bowling alley.
  - Complete **Athlete COVID-19 Screening** for all athletes participating in virtual event
  - Complete **Non-Athlete COVID-19 Screening** for all non-athletes participating in virtual event (i.e. Coaches, Unified Partners, Support Staff)
    - COVID-19 Contact Person must conduct measurement of temperature using a thermometer
    - If individuals participating in activities show symptoms, have a temperature of 100.4°F/37.8°C or higher, or are sick, they must be sent home.
    - Everyone (*coaches, volunteers, participants*) MUST wear a mask upon arrival/departure and when appropriate/safe during play. Individuals should bring their own mask to the site
    - All participants must bring their own water to bowling event. Team water coolers for sharing through disposable cups are not allowed. Fixed water fountains should not be used.
- Whenever possible, equipment and other personal items should be separated and not shared. If equipment must be shared, all equipment should be properly disinfected between users (i.e. bowling balls)
- Avoid shaking hands, fist bumps, or high fives before, during or after event. Limit unnecessary physical contact with participants.
- Ensure that the venue is disinfected or sanitized, especially bathrooms.
- Activities that increase the risk of exposure to saliva are not allowed including chewing gum, spitting, licking fingers, and eating sunflower seeds.
- Participants must try to maintain appropriate social distancing at all times possible, including in the lanes.
- No spectators are allowed to congregate in bowling alley. Individuals providing transportation for participants are to remain in vehicles until sessions are over. If participants need assistance, caregivers may remain provided but will be considered participants and must abide by all outlined requirements for participation.



**Questions? Please email [LaurenL@somaine.org](mailto:LaurenL@somaine.org)**