



ACALANES UNION HIGH SCHOOL DISTRICT
WELLNESS PARENT EDUCATION SERIES

Register Using the Links Below



TUESDAY, OCTOBER 18TH
6-7 PM OVER ZOOM

Counseling & Parent Education (COPE) Presents:
Recognizing Depression, Anxiety, and Stress in Yourself and Your Child

REGISTER USING THIS LINK:

https://auhsdschools.zoom.us/webinar/register/WN_E81IT73aTmmUM7J-DxtBBQ



TUESDAY, NOVEMBER 15TH
6-7 PM OVER ZOOM

Counseling & Parent Education (COPE) Presents:
Connecting With Your Teen

REGISTER USING THIS LINK:

https://auhsdschools.zoom.us/webinar/register/WN_OvXhBYGeQxygkgvdGsEKyA



TUESDAY, DECEMBER 6TH
6-7 PM OVER ZOOM

Contra Costa Crisis Center Presents:
Suicide Prevention Training

REGISTER USING THIS LINK:

https://auhsdschools.zoom.us/webinar/register/WN_vP23xHYTQ1GhJi6FUEUqgQ



TUESDAY, JANUARY 24TH
6-7:30 PM OVER ZOOM

Dr. Doug Gardner, ED.D. Presents:
Sports and Wellness

REGISTER USING THIS LINK:

https://auhsdschools.zoom.us/webinar/register/WN_uYVlyeMmRmiggqm3aCZ_SQ