

Fourth Sunday after Pentecost (Proper 7)

Sunday, June 21, 2026

8:00 AM (spoken) & 10:15 AM (with music)

Also Live Streaming at

<https://www.facebook.com/stgregoryslongbeach/>

VOLUNTARY

Adagio in B-flat

Tomaso Albinoni

Julie Metz, violin

(Please stand)

PROCESSIONAL HYMN

Christ Be Our Light

Bulletin Page 16

OPENING ACCLAMATION

Presider Blessed be God: ✠ Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA (8:00 Service)

Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

SONG OF PRAISE (10:15 Service, Please be seated)

Laudamus Te

Giovanni Paisiello

Brianna Zucker, Mary Mac Cullity, soloists
Julie Metz, violin

Laudamus te, benedicimus te,
Adoramus te, glorificamus te.
Gratias agimus tibi propter magnam gloriam tuam.

*We praise thee, we bless thee;
We worship thee, we glorify thee.
We give thanks to thee for thy great glory.*

COLLECT OF THE DAY

Presider The Lord be with you.
People **And also with you.**
Presider Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

(Please be seated)

FIRST READING

Jeremiah 20.7-13

Lector A Reading from Jeremiah.

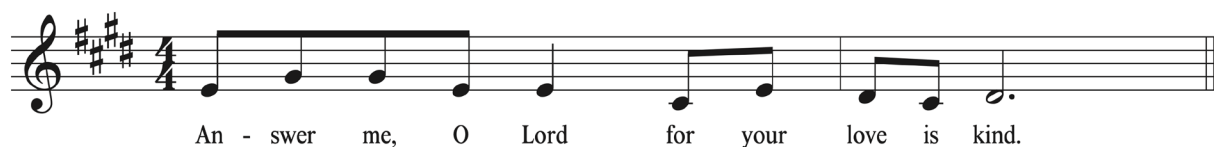
O LORD, you have enticed me,
 and I was enticed;
you have overpowered me,
 and you have prevailed.
I have become a laughingstock all day long;
 everyone mocks me.
For whenever I speak, I must cry out,
 I must shout, "Violence and destruction!"
For the word of the LORD has become for me
 a reproach and derision all day long.
If I say, "I will not mention him,
 or speak any more in his name,"
then within me there is something like a burning fire
 shut up in my bones;
I am weary with holding it in,
 and I cannot.
For I hear many whispering:
 "Terror is all around!"
Denounce him! Let us denounce him!"
 All my close friends are watching for me to stumble.
"Perhaps he can be enticed,
 and we can prevail against him,
 and take our revenge on him."
But the LORD is with me like a dread warrior;
 therefore my persecutors will stumble, and they will not prevail.
They will be greatly shamed,
 for they will not succeed.
Their eternal dishonor
 will never be forgotten.
O LORD of hosts, you test the righteous,
 you see the heart and the mind;
let me see your retribution upon them,
 for to you I have committed my cause.
Sing to the LORD;
 praise the LORD!
For he has delivered the life of the needy
 from the hands of evildoers.

Lector The Word of the Lord.
People **Thanks be to God.**

PSALM 69

Setting: David York

The choir sings the antiphon once and the congregation repeats. The choir sings the Psalm verses. The choir and congregation then sing the antiphon following each section of verses.



Surely, for your sake have I suffered reproach,
and shame has covered my face.

I have become a stranger to my own kindred,
an alien to my mother's children. **Antiphon**

Zeal for your house has eaten me up;
the scorn of those who scorn you has fallen upon me.
I humbled myself with fasting,
but that was turned to my reproach. **Antiphon**

Answer me, O Lord, for your love is kind;
in your great compassion, turn to me.
"Hide not your face from your servant;
be swift and answer me, for I am in distress.
Draw near to me and redeem me;
because of my enemies deliver me. **Antiphon**

SECOND READING

Romans 6.1b-11

Lector A Reading from the Letter to the Romans.

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Lector The Word of the Lord.

People **Thanks be to God.**

(Please stand)

SEQUENCE HYMN

How Firm a Foundation, Ye Saints of the Lord

Bulletin Page 17

(The congregation sings vv. 1 & 2, the Gospel is read, then vv. 3-5 are sung)

HOLY GOSPEL

Matthew 10.24-39

Presider The Holy Gospel of our Lord Jesus Christ According to Matthew.

People **Glory to you, Lord Christ.**

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

"So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

"Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

"Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one's foes will be members of one's own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it."

Presider The Gospel of the Lord.

People **Praise to you, Lord Christ.**

(Please be seated)

(Silent reflection)

NICENE CREED *(Please stand)*

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, ✠
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE *(Please remain standing or kneel)*

Children of God, praise the Lord! Our God is faithful and hears our prayers, so let us pray, "In your great mercy, O God, answer us with your unfailing help."

To the baptized, O God, grant newness of life. Strengthen us to follow in the footsteps of your Son.

Silence

In your great mercy, O God,
Answer us with your unfailing help.

To the nations of earth, O God of hosts, grant freedom and peace. Deliver the lives of the needy from the hands of evildoers.

Silence

In your great mercy, O God,
Answer us with your unfailing help.

To your created order, O God, grant your help. May the waters, soil, and air be made clean and healthy again.

Silence

In your great mercy, O God,
Answer us with your unfailing help.

To this city, O God, grant your deliverance. Set us free from violence and destruction. Make safe our streets.

Silence

In your great mercy, O God,
Answer us with your unfailing help.

To those who feel the deep about to swallow them, O God, grant your salvation. In your great compassion, turn to all those in need. We especially pray for those we mention now, silently or aloud [or in the comment section].

(Pause)

In your great mercy, O God,
Answer us with your unfailing help.

To the dead, O God, grant life eternal with Christ. May all those who have been baptized into the death of Christ be united with him in his resurrection. We pray especially for those we mention now, silently or aloud [or in the comment section].

(Pause)

In your great mercy, O God,
Answer us with your unfailing help.

Presider Almighty and eternal God, ruler of all things in heaven and on earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

CONFESSION OF SIN

Presider Let us confess our sins against God and our neighbor.

Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, ✠ forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.
People **And also with you.**

(Then the Ministers and People may greet one another in the name of the Lord.)

ANNOUNCEMENTS AND SPECIAL BLESSINGS

Birthday and Anniversary Prayer: Watch over your *children*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may your peace which passes understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen.

THE HOLY COMMUNION

OFFERTORY ANTHEM

O Come and Dwell in Me

Irish Melody
arr. Arlen Clarke

Julie Metz, violin

O come and dwell in me
Holy Spirit of power within
And bring the glorious liberty
From sorrow, fear, and sin.

Let all the angel throng give glory
Thanks to God on high,
While earth repeats the joyful song
and echoes to the sky.

Thy grace to sinners shown
The heavenly angel choirs proclaim
And cry, "Salvation to our God,
Salvation to the Lamb!"

Spirit of Holiness
let thy saints adore thee
send thy renewing power
We kneel before thee.

When heaven and earth have fled,
Have fled before thy glorious face,
Sing all the saints thy love
Hath made thine everlasting praise. (Charles Wesley)

PRESENTATION HYMN

Halle, Halle, Halle

Traditional Caribbean, arr. Marty Haugen

(Sung twice)



THE GREAT THANKSGIVING

Presider The Lord be with you.
People **And also with you.**
Presider Lift up your hearts.
People **We lift them to the Lord.**
Presider Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

At the 8:00 Service:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

At the 10:15 Service:

SANTO, SANTO, SANTO

Pablo Sosa

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with [_____ and] all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

(A period of silence is kept after the Presider breaks the host)

Alleluia! Christ our Passover is sacrificed for us.

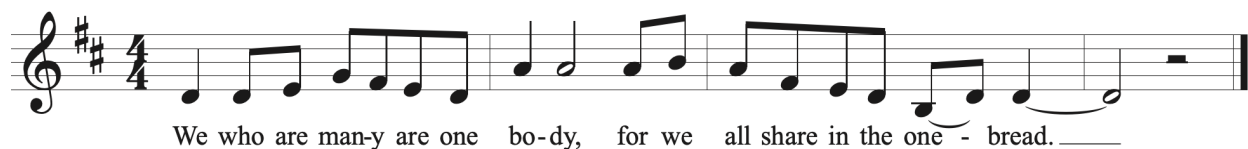
Therefore let us keep the feast. Alleluia!

FRACTION ANTHEM

We Who Are Many

David York

Jordan Tickner, cantor



Refrain: *Sung first by the cantor, then repeated by all*

Verse: We break this bread to share in the body of Christ.

Refrain: *All*

The Presider says the following invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION OF THE PEOPLE

*All are welcome to receive Holy Communion at this Altar. Holy Communion will be distributed from a single Communion Station at the foot of the chancel steps. The Ushers will release people by row to receive Communion. **Gluten free wafers are available upon request.***

PRAYER FOR SPIRITUAL COMMUNION

Those who are participating in the live streamed service and therefore not able to receive communion may wish to say the following prayer in recognition that the desire to receive communion carries the same spiritual benefits of actually consuming the consecrated elements.

Lord Jesus Christ, you have instituted for us a great sacrament in your promise of life and love, which we remember now as we hear your words again: "This is my body; this is my blood — given for you." Feed us in our hearts with faith and trust, draw us closer to you and to each other, and strengthen us for service to our neighbor. We come before you now, with hearts you have fed all our lives with the promise that you have given yourself for us. Keep us strong in that faith until we can meet at your table again. Amen.

COMMUNION MUSIC

Benedictus from *The Armed Man, A Mass for Peace*

Karl Jenkins

Adapted by Fran Johnston

Julie Metz, violin

COMMUNION HYMN

I Have Decided to Follow Jesus

Bulletin Page 18

POST COMMUNION PRAYER

Presider Let us pray.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

RECESSIONAL HYMN

O Jesus, I Have Promised

Bulletin Page 19

THE DISMISSAL

Presider Go in peace to love and serve the Lord.

People **Thanks be to God.**

VOLUNTARY

Fugue on the Kyrie

François Couperin

**We welcome Fr. Gary Commins, who is covering for
Fr. Michael while he is on vacation!**

FLOWERS TODAY ARE GIVEN TO THE GLORY OF GOD

**Please join us in Francis Hall for refreshments and fellowship
following the worship service**

(Francis Hall is out the main church doors and to the left)

TODAY'S WORSHIP PARTICIPANTS

	8:00 SERVICE	10:15 SERVICE
Presider & Preacher	Fr. Gary Commins	Fr. Gary Commins
Organist	—	David York
Crucifer	—	Holly Graham
Lector	Patty Rohling	Kimberly Bouzguenda
Lay Eucharistic	Dana Lindsay	Fran Luebben-Morgan
Ministers (LEMs)	Tamera Benedict	Dorothy Edwards

Texts of Sunday sermons are available on our parish website, at
<http://stgregoryschurch.com/sermons-archive/>

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PROCESSIONAL HYMN

Christ Be Our Light

Christ Be Our Light



1 Long - ing for light, we wait in dark - ness. Long - ing for
2 Long - ing for peace, our world is trou - bled. Long - ing for
3 Long - ing for food, man - y are hun - gry. Long - ing for
4 Long - ing for shel - ter, man - y are home - less. Long - ing for
5 Man - y the gifts, man - y the peo - ple, man - y the



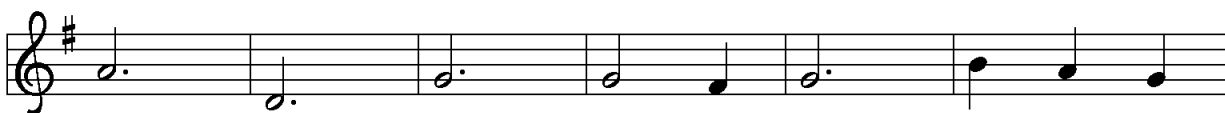
truth, we turn to you. Make us your own,
hope, man - y de - spair. Your word a - lone
wa - ter, man - y still thirst. Make us your bread,
warmth, man - y are cold. Make us your build - ing,
hearts that yearn to be - long. Let us be ser - vants



your ho - ly peo - ple, light for the world to see.
has pow'r to save us. Make us your liv - ing voice.
bro - ken for oth - ers, shared un - til all are fed.
shel - ter - ing oth - ers, walls made of liv - ing stone.
to one an - oth - er, signs of your king - dom come.



Refrain
Christ, be our light! Shine in our hearts. Shine through the



dark - ness. Christ, be our light! Shine in your



church gath - ered to - day.

Text: Bernadette Farrell, b. 1957

Music: CHRIST, BE OUR LIGHT, Bernadette Farrell

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SEQUENCE HYMN

Hymnal 1982, Hymn 636

How Firm a Foundation, Ye Saints of the Lord

Foundation

(The congregation sings vv. 1 & 2, the Gospel is read, then vv. 3-5 are sung)



1 How firm a foun - da - tion, ye saints of the Lord,
 2 "Fear not, I am with thee; O be not dis - mayed!
 3 "When through the deep wa - ters I call thee to go,
 4 "When through fier - y tri - als thy path - way shall lie,
 5 "The soul that to Je - sus hath fled for re - pose,



1 is laid for your faith in his ex - cel - lent word!
 2 For I am thy God, and will still give thee aid;
 3 the riv - ers of woe shall not thee o - ver - flow;
 4 my grace, all - suf - fi - cient, shall be thy sup - ply;
 5 I will not, I will not de - sert to its foes;



1 What more can he say than to you he hath said,
 2 I'll strength - en thee, help thee, and cause thee to stand,
 3 for I will be with thee, thy trou - bles to bless,
 4 the flame shall not hurt thee; I on - ly de - sign
 5 that soul, though all hell shall en - deav - or to shake,



1 to you that for ref - uge to Je - sus have fled?
 2 up - held by my right - eous, om - ni - po - tent hand.
 3 and sanc - ti - fy to thee thy deep - est dis - tress.
 4 thy dross to con - sume, and thy gold to re - fine.
 5 I'll nev - er, no, nev - er, no, nev - er for - sake."

Optional Interlude



COMMUNION HYMN

I Have Decided to Follow Jesus

C C7

1 I have de - cid - ed to fol - low Je - sus; I have de -
 2 Though none go with me, still I will fol - low; though none go
 3 The world be - hind me, the cross be - fore me; the world be -

F C

cid - ed to fol - low Je - sus; I have de - cid - ed to fol - low
 with me, still I will fol - low; though none go with me, still I will
 hind me, the cross be - fore me, the world be - hind me, the cross be -

C G7 C

Je - sus;
 fol - low; no turn - ing back, no turn - ing back.
 fore me;

RECESSIONAL HYMN
Hymnal 1982, Hymn 655

O Jesus, I Have Promised

Nyland



1 O Je - sus, I have prom-ised to serve thee to the end:
 2 O let me hear thee speak-ing in ac - cents clear and still,
 3 O Je - sus, thou hast prom-ised to all who fol - low thee,

be thou for ev - er near me, my Mas - ter and my friend;
 a - bove the storms of pas-sion, the mur-murs of self - will;
 that where thou art in glo - ry there shall thy ser - vant be;

I shall not fear the bat - tle, if thou art by my side,
 O speak to re - as - sure me, to has - ten or con - trol;
 and, Je - sus, I have prom - ised to serve thee to the end;

nor wan - der from the path - way, if thou wilt be my guide.
 O speak, and make me lis - ten, thou guard-ian of my soul.
 O give me grace to fol - low, my Mas - ter and my friend.

THIS WEEK AT ST. GREGORY'S

Tuesday, June 23

Centering Prayer at 6:30 PM via Zoom. Contact Fr. Michael for access information.

Thursday, June 25

Holy Eucharist and Healing Service at 11:00 AM in the Church.

Bible Study at 11:00 AM in the Fireside Room.

Sunday, June 28 – Fifth Sunday after Pentecost (Proper 8)

Holy Eucharist (spoken) at 8:00 AM in the Church.

Sunday School

Seniors (ages 11 to 18) at **9:30 AM** in the Youth Room.

Juniors (ages 8 to 10) at **10:15 AM** in the Youth Room.

Beginners (ages 5 to 7) at **10:15 AM** in the Youth Room.

Holy Eucharist (with music) at **10:15 AM** in the Church and live streamed on the St. Gregory's Facebook page (<https://facebook.com/stgregoryslongbeach/>).

Nursery Care is available on Sundays, starting at 7:45 AM, in the Nursery (Room 3)

Evening Prayer (Tuesday through Thursday)

Evening Prayer: Tuesday through Thursday at **5:00 PM** on the St. Gregory's Facebook page (<https://facebook.com/stgregoryslongbeach/>).

For Evening Prayer, you will need either a Book of Common Prayer or you can download the Evening Prayer liturgy and the Psalms for the week from the St. Gregory's website (www.stgregoryschurch.com).

UPCOMING EVENTS

Consecration Watch Parties: The Ordination and Consecration of the Rev. Antonio Gallardo as the Eighth Bishop of the Diocese of Los Angeles will be held on Saturday, July 11th at 10:00 AM at All Saints Church, Pasadena. Due to limited seating at All Saints, tickets will be required to attend. However, a number of “watch parties” are being held around the Diocese to allow people to gather and watch the ordination and consecration. St. Thomas of Canterbury will be hosting one of the watch parties. St. Thomas is located at 5306 E Arbor Rd., Long Beach (between Clark Ave. and Bellflower Blvd.).

Episcopal Night at Dodger Stadium! It's Time For Dodger Baseball! Baseball season is underway, so it is time once again for all Episcopalians to gather at Dodger Stadium for Episcopal Night, featuring the Dodgers and the St. Louis Cardinals. This year's date will be **Thursday, Sept 3 at 7:10pm**

The Dodgers have raised ticket prices this year, so the cost will be \$48.00. Tamera Benedict is the coordinator this year and will be assisting us as we navigate the Online Ticket Process. **NO MORE PAPER TICKETS.** Sign up sheets are in the back of the church. **JULY 20 is the deadline!!!! So, sign up soon!** Questions? Contact Tamera at 562-301-6800 or TLBENEDICT4@gmail.com

ANNOUNCEMENTS

St. Gregory's always has your back! BackPACK that is! The Long Beach Rescue Mission is again partnering with local middle schools to provide backpacks and supplies to children in need. We will run our drive **from June 7-July 26**, and our goal is to provide as many backpacks and supplies as possible. The list is specific, so please do not add anything extra. Remember, you do not have to provide a full backpack; simply donate what you are able. The flyer will be printed in our weekly bulletins and posted for your convenience on our social media accounts. If you choose to make a cash donation, you may do so from the church website or in the collection plate; make sure that you designate that your donation is earmarked for backpacks. Monetary donations may be made to the Mission for extra educational needs for residents.

Summer Pledge Payments:

Summer is always a little bit rough for parish finances. Monthly income tends to drop due to parishioners being away on vacation. While our parishioners get to take vacations, the parish does not get a vacation from paying the bills. If at all possible, please keep up with your monthly pledge commitments during the summer months. It will make life a lot easier and less stressful for the Treasurer and the Finance Office. We are very grateful for your efforts to do so!

Air Conditioner Fund: As we recently informed the parish, we are having to replace the heating and air conditioning (HVAC) system in the Sanctuary, to the tune of \$120,000. While we are able to cover the expense out of our reserves, this will greatly deplete those funds. We are asking that parishioners consider giving to help offset the cost of our new HVAC system. You can do so by writing a check to St. Gregory's with “HVAC” in the memo line. Or you can make a

donation online through our parish website at <https://secure.myvanco.com/L-24WR/campaign/C-12C50> and put HVAC in the note box. Thank you for your generosity.

Columbarium Niches: Many people do not realize we have a columbarium at St. Gregory's. Having your ashes placed in the columbarium is a less expensive option than burial at a cemetery and provides for your continued presence in a place that has been important to you during your life. For more information, contact the Parish Office.

Vestry Minutes and Reports: Following Vestry meetings, the approved minutes and reports are posted on our parish website (<https://stgregoryschurch.com/>). Click on the "About" tab and the last option under the dropdown menu is "Vestry Minutes & Reports." Approved minutes (without reports) are also posted on the bulletin board outside the Fireside Room. In addition, anyone is free to review minutes and reports of previous meetings, available in the Parish Office.

Nursery Attendant Needed: We are seeking a Nursery Attendant to provide loving childcare on Sunday mornings from 7:45 AM to 12:15 PM, plus special holiday services. Experience in early childhood education preferred. First Aid and CPR certification required. This is a paid position, starting at \$17.00/hr, supporting our youngest members and their families. For more information or to apply, please contact Tamera Benedict or Dana Lindsay.

Stitches of Faith: Are you looking for a space to share your creativity, enjoy fellowship, and be inspired? Stitches of Faith is a gathering for anyone who loves to craft—or wants to learn! Whether you knit, crochet, quilt, paint, or want to try your hand at another craft, this group is open to all skill levels, including beginners eager to discover something new. We meet on Sundays from 1:00–3:30 PM in the Conference Room. Each week, we will enjoy time for projects, encouragement, and conversation in a relaxed, faith-filled environment. Light refreshments will be provided. Bring your supplies, your curiosity, and your kind spirit. Come create, connect, and grow in community with us!

Lend a Hand: Like any older building, St. Gregory's constantly needs maintenance and touching up. Fred Cornett has made up a list of things to do in the near future: Cleaning and arranging the janitor's closet and the storage areas, cleaning the trash cans, etc. Many hands make light work, and most of the jobs won't take much time if two or three people join in. There is a signup sheet in the narthex, and Fred is always available for consultation or questions: (562) 308-6955. Thanks, Fred, for getting the projects going!

Altar Flower Donations: Need a wonderful way to honor or remember a loved one or friend? Make a flower donation. There is a flower donation chart located on the Narthex wall that you can use to sign up for special dates to donate altar flowers. Simply fill out a donation form attached to the bottom of the chart and return the form to the Parish Office. Payment for flowers can be made by check or online at <https://stgregoryschurch.com/4721-2>. Make sure you specify your donation is for Altar Flowers. The Altar Guild thanks you.

Episcopal News Updates: The Diocese provides weekly email updates to help you keep informed about what's happening all over our six-county diocese. If you want to receive the

Episcopal News, visit <https://diocesela.org/episcopal-news/contact/> and enter your email address in the box provided.

Feed My Lambs and Food Bank: THANK YOU for your generosity and your donations. Here's the latest news on our parish feeding programs.

- **Feed My Lambs**
 - **Homemade cookies can be dropped off any time.** Please put your homemade cookies in Ziploc Bags and label them with the date and "FML" (this way we know they are for Feed My Lambs and not other purposes).
 - **Please do not bring hardboiled eggs.** Due to issues with eggs, we now have a dedicated team responsible for providing hardboiled eggs.
 - **Volunteers** – If you are interested in helping out Feed My Lambs, contact Tamera Benedict at (tlbenedict4@gmail.com, 562.301.6800).
- **Food Bank** The Food Bank relies on your financial support and appreciates all donations of funds or non-perishable food items. We also can use more volunteers at:
 - Bagging and distribution the THIRD WEDNESDAY of each month from 8:30 to 11:00 AM
 - Any other time you may have available and could assist with assembling our bags (e.g. on Sunday before or after service, or any time the office is open for access)Please contact the Parish Office (info@stgregoryschurch.com, 562.420.1311) or Bill Eldon (billeldon@gmail.com, 562.234.9920) for more information about the Food Bank.

Your continued support of our feeding ministries, through product and monetary contributions, is greatly appreciated!

Gratitude for Your Support of the Parish: We continue to be humbled and so incredibly grateful for your generosity in supporting our parish and its ministries! While you may not be able to drop your donation in a real offering plate, there are still ways you can make sure your donation gets to the parish:

- You can mail your check to the parish office.
- Make donations through our online payment account, accessible through the parish website at <http://stgregoryschurch.com/4721-2/>.
- Scan the QR code found in the Sunday bulletin.

And again, THANK YOU for your continued support!

Parish Directory: Our online parish directory is at <https://www.instantchurchdirectory.com/>. This is a secure site and can be accessed using the email address you had published in the parish directory. You can also download the "Instant Church Directory" on your smart phone. Versions are available for Android, iPhone, iPad, and Kindle.

One Body & One Spirit Annual Appeal: The Diocese has established an ongoing campaign focused on raising funds to assist congregations, schools, affiliated institutions, and their communities who are faced with unprecedented challenges. We are invited to prayerfully consider making a donation to help others in our Diocese who may have unmet needs. More information is available at <https://diocesela.org/annual-appeal/>.

Forward Day By Day: For those who use the Forward Day By Day booklet for personal devotions and need the newest edition mailed, please contact the Parish Office at 562-420-1311 or info@stgregoryschurch.com.

In Case of Emergency . . . Notify Your Priest! In the event of a hospital stay, illness, death in the family, or other pastoral emergency, please call Fr. Michael on his cell phone (909-373-6478). And PLEASE, no excuses about not wanting to bother me. That's why we are here – for YOU!

PRAYER LIST

Lydia Gibbs, Suzan Lavery, Martin Nemitz, Ferdinand Gonzalez, Patrick McDonough, Mike Lavery, Mother Beryl, Scott Morgan, Fran Luebben-Morgan, Harold Peacock, Rudy Revell, Jared Baker, Kimberly Bouzguenda, Shannon Romano, Ralph Tesla, Anne Cantrell, Matt Burger, Darlene Feit-Pretzer, Keeley Gilmore, Betty Peacock, Laura Mae Harper, Elizabeth Laursen, Eric Kela, Dodie Martin, Savannah Jimenez, Martha Wong, Jonah Culbert, Carlos Cruz, Sean Wood, Marina Tesla, Nancy Luebben, Diane Duacsek, Michelle Morrill, Kira Dirghalli, Edith Finney, Paige Hardin, Marty Wong, Miriam Edwards, Charles H. Parks, Perry Nelson, Nellie Bell, Ernie and Vickie Morrison, Alison and Mick, Phyllis Comiskey, Brett W., Adan Murillo, Michael Hipsman, Trisha Cookmeyer, Sally Blevins, Sue Davis, Jack Alt, Shizuka Yoba, Linda Elliott, Ron Dixon, Darryl Takaki, Paul Meyer, Juhani Palomaki, Gloria Neal, Jerry Simundson, Barry Plemmons, Garren Plemmons, Meg Wagner, Annette Ffrench, Barbara Barton, Rosan Curtis, Nick Playter, Mary Playter, Holly Smigelsky, Dennis Smigelsky, David Caffrey, Brigitta Spinocchia Freund, Casey Ramsdell

Note: Unless we are aware of on-going concerns, names only stay on the Parish Prayer List for a month. If names need to be re-added, please notify the Parish Office.



ST. GREGORY'S EPISCOPAL CHURCH

6201 E. WILLOW STREET, LONG BEACH, CALIFORNIA 90815
562-420-1311 WWW.STGREGORYSCHURCH.COM

WELCOME TO ST. GREGORY'S EPISCOPAL CHURCH!

St. Gregory's is a warm and caring community of families and singles, young and old, committed to sharing the good news that Jesus is the Lord of all life. We are an Episcopal Church, having members from all backgrounds and religious traditions, many of us had no church involvement before coming here. We want to offer to you the same welcome and friendship that were extended to us when we came to St. Gregory's.

ST. GREGORY'S MISSION STATEMENT

God has called us into Christian community and gifted us for ministry:

To worship and glorify God
To transform faith into action
To share the love of Jesus Christ

The Right Reverend John H. Taylor
Bishop of the Episcopal Diocese of Los Angeles

The Reverend Michael K. Fincher, Rector
rector@stgregoryschurch.com

David York, Music Director & Organist
york1635@aol.com

David Sachs, Parish Administrator
info@stgregoryschurch.com

Parish Office Hours: 9:00am-12:00pm, Monday – Friday
www.stgregoryschurch.com