

## **Feed My Lambs & Food Bank**

### **Feed My Lambs**

On the first Saturday of every month, Feed My Lambs works at St. Luke's Episcopal Church in downtown Long Beach at their weekly "shower program," where they provide showers, clothing, and food to the guests who come to St. Luke's. We provide a sack lunch and a bowl of hot soup to every guest.

Until the COVID 19 crisis is over and we are allowed to return to our former style of serving the guests at St. Luke's, we are limiting the in-kind donations to reduce the spread of the virus.

We currently meet at 10am on the Friday of the first Saturday to assemble the lunches. For more information, contact Tamera Benedict at 562.301-6800 or [TLBenedict4@gmail.com](mailto:TLBenedict4@gmail.com)

### **Food Bank**

Our Food Bank provides bags of food to those in our community who do not have enough to eat. Distributions are held on the first Wednesday of every month from 9:30 to 11:30 AM.

For more information, contact Bill Eldon at 562.430.2658 or [billeldon@gmail.com](mailto:billeldon@gmail.com)

### **How Can You Help?**

Feed My Lambs and the Food Bank do not receive money from the parish's operating budget. These ministries rely on the generosity of our parishioners and others to provide cash and in-kind donations of the items they need. Cash contributions can be made to St. Gregory's Episcopal Church, with Feed My Lambs or Food Bank in the memo line (moneys go into the same shared fund). Online contributions can also be made through our parish website. If you want to make in-kind donations, the items needed for our ministries are:

#### **Feed My Lambs**

Gift cards for Smart & Final or other  
Grocery Store

#### **Food Bank**

Gift cards for Smart & Final or other  
Grocery Store

**Thank you for our generous support of our "feeding programs."**