

## **Jodi Ploquin – Director of Physician Wellness & Professionalism at MSPEI**

Jodi Ploquin is a Certified Healthcare Executive with over 17 years of leadership experience in healthcare, dedicated to enhancing both provider and patient experiences through systems-level change.

Jodi holds a master's degree in Medical Physics from the University of Calgary, along with certificates in Quality and Safety Management and Adult Education. She is also a Certified Canadian Patient Safety Officer and Certified Community and Workplace Traumatologist.



Jodi brings extensive expertise in strategic planning, program management, quality improvement, safety leadership, and physician engagement. Her clinical background and patient safety experience, particularly in harm event reviews and supporting providers in harm disclosure conversations, fuels her passion for physician wellness.

As a woman in physics, Jodi is an active ally for underrepresented groups in medicine and earned her designation as a Canadian Certified Inclusion Professional.

Jodi is a recognized expert in trauma-informed leadership, advocating for healthcare as a trauma-exposed profession. Jodi has delivered workshops at national and international conferences and serves as faculty with the Canadian Medical Association, educating others on this vital issue.

Jodi also has five years of experience leading provincial physician wellness programs for Alberta Health Services, focusing on creating workspaces that are physically, psychologically, and culturally safe. As a PROSCI-certified change management practitioner, she has received national recognition for her leadership in healthcare transformation, including an invitation to serve on the Leading Change expert panel for Healthcare Excellence Canada.

In her new role at MSPEI, Jodi will focus on improving physician well-being, workplace culture, and professional satisfaction. She will help develop strategies to enhance retention and sustainability within the health system, collaborating with healthcare partners to drive measurable improvements.

Jodi's leadership philosophy is: "As a leader, I serve to make the world a safer, more compassionate place, in hopes that we will all be met with safety and compassion in our times of need."