

MEMORANDUM

TO: All Health PEI physicians and staff

FROM: Dr. Heather Morrison, CPHO and Co-Lead, COVID-19 Joint Response Team
Marion Dowling, Chief Nursing Officer and Co-Lead, COVID-19 Joint Response Team
Tanya Tynski, Planning Section Chief, PEI Health System- COVID-19 Joint Response Team

DATE: March 21, 2020

SUBJECT: Health care workers' requirements under COVID-19 domestic travel restrictions

Dear staff and physicians,

As of today, the Chief Public Health Office has instituted a 14-day self-isolation period for anyone who has traveled outside PEI, including within Canada. Those who return to the Island, including health care workers, will be screened for symptoms.

However, we can confirm that **health care workers are exempt from the 14-day isolation period and do not have to stay home as long as they have not had symptoms of COVID-19 and have not traveled outside Canada.**

This exception is to allow health care workers to continue to offer essential services to Islanders.

As health care workers, you are trusted to monitor your own symptoms to ensure your health and safety and that of your patients. Those who have returned from travel within Canada are asked to self-monitor for COVID-19 symptoms and leave work as soon as they start to feel unwell, including body aches, fatigue, cough, fever or shortness of breath.

All staff should remember to practice social distancing and avoid groups to help slow the spread of the virus in this province and to help ensure you stay healthy.

If you have any questions about this situation, please contact your HR manager or email COVID-19Employeeinformation@ihis.org

Thank you.