



# UPCOMING CLASSES & EVENTS

Most WNCC Lifelong Learning classes are held at the John N. Harms Center.  
For full class descriptions, materials, fees, and more, visit [wncc.edu](http://wncc.edu)!

## Coming soon!

**Be You 2020: Ignite your 20s Decade with a Vision Planning Workshop**  
Jan 21 (T)  
6:00 – 9:00 p.m., \$27  
Instructor: Lisa Betz-Marquez

**QuickBooks™ Basics**  
Jan 22, or Feb 19, or Mar 18 (W)  
9:00 a.m. – 5:00 p.m., \$55

**Supervisor Skills & Employee Development**   
Jan 24 (F)  
8:00 a.m. – 12:00 p.m., \$50  
Instructor: Jamie Weingart  
Registration deadline: Jan 17

**LEGO Mindstorms EV3 Robotics**   
Jan 25, or Mar 21, or  
May 16 (SA) half day  
8:30 – 11:30 a.m., \$30  
Grades: 3 and up

**Basic Life Support/CPR for Healthcare Professionals**  
Feb 5 or Apr 1 (W)  
1:00 – 5:00 p.m., \$65

**Building High-Performance Teams**   
Feb 6 (TH)  
8:00 a.m. – 12:00 p.m., \$50  
Instructor: Pat Randolph

**Cricut Creations:  
Cricut Pre-Made Projects**  
Feb 8 (SA)  
9:00 a.m. – 12:00 p.m., \$20  
Location: Lied Scottsbluff  
Public Library

**Ko Heichi Fitness: Bushidokan**  
Jan 6 – 29 or Feb 3 – 26 (M, W)  
6:00 – 7:00 p.m.  
**Single: \$30; Family: \$45 (up to 4)**  
Bushidokan has borrowed techniques from more than 10 different martial arts and three primary systems: karate, judo, and jiu jitsu. Bushidokan's tactics have been tested in diverse situations including life-or-death defense by citizens, law enforcement, and elite military groups such as Green Berets, Navy SEALs, and others. Instructor Brent L. Anderson has more than 30 years martial arts experience. All are welcome!

**Heartsaver CPR/AED**  
Jan 8 (W)  
1:00 – 5:00 p.m., \$65  
Heartsaver courses are designed for anyone with little or no medical training who needs a course completion card for a job, regulatory (for example, OSHA), or other requirements. These courses can also be taken by anyone who wants to be prepared for an emergency in any setting. For many Heartsaver courses, students receive a course completion card that is valid for two years.

**ZUMBA®**  
Jan 13 – Mar 4 (8 weeks), or  
Mar 16 – May 6 (8 weeks) (M, W)  
5:30 – 6:20 p.m., \$35  
Always wanted to try Zumba but were intimidated by the fast pace and expert moves? Just getting started on your fitness journey? Are you an active senior looking for a new challenge? Then this FUN and EASY class is for you! Sign up with a friend and you both get a \$5 discount.

**Bushido Burn**  
**(Cardio Fat-Burning Fitness)**  
Jan 13 – Feb 19 (M, W), or  
Mar 2 – Apr 8 (M, W)  
5:20 – 5:50 p.m., \$60  
Bushido Burn is a one-of-a-kind, intense fitness class using kickboxing, self-defense combos, and weapons to get fit and BURN calories.

**Getting to Know Your Smartphone**  
Jan 15, or Feb 19, or Apr 1 (W)  
9:00 – 11:00 a.m., \$13  
**Instructor: Ally Berggren**  
Is your smartphone making you feel "not so smart?" We can help! This session will show you how to use your smartphone and get the most out of it. WNCC students will assist to provide one-on-one support for participants.

**Bob Ross Painting**  
Jan 18 or Feb 15 (SA)  
9:00 a.m. – 4:00 p.m., \$60  
Bob Ross believed that everyone who wanted to paint, could paint like a natural with the right tools and a little encouragement. Come and experience the joy and confidence of painting a beautiful landscape using the Ross wet-on-wet technique. Students must bring a roll of paper towels to this class.

**Introduction to Ceramic Wheel Throwing and Hand Building**  
Jan 18, or Feb 15, or Mar 21, or Apr 18, or  
May 16 (SA)  
9:00 a.m. – 12:00 p.m., \$23  
**Ages: 10 and up**  
**Der Topfer, 1211 3rd Ave., Scottsbluff**  
Have you always wanted to try your hand on a pottery wheel? Here's your chance. This is an introductory class offering

students the opportunity to throw on a pottery wheel and learn hand-building clay techniques. Projects will not be completed in the three-hour class, but students can continue in ceramics classes or set up private lessons with the instructor. All materials provided. Class size is limited to six.

**The History of the Chimney Rock Passion Play**

Jan 21 (T)  
10:00 – 11:30 a.m., \$5  
**Instructor: Jamalee Clark**  
During the depression from 1930 to 1941, the people of Bayard, Nebraska, combined their talents to present The Passion Play in the spectacular hills near Chimney Rock, the most famous landmark described by the pioneer travelers on the Oregon Trail. This is their story in picture and in word.

**Improving Your Public Speaking**

Jan 21, 28, Feb 4, 11 (T)  
6:00 – 8:30 p.m., \$40  
Does the thought of public speaking make you look for the nearest exit? Fear of public speaking is one of the most common phobias in our culture today, and yet to function in most work places and social events, you need at least a basic level of public speaking ability. WNCC is now offering a four-session public speaking course that will help you understand and overcome your fear of public speaking. This workshop will equip you with practical and successful tools to help you in professional and social settings.

**Kids Camps**   
**Career & Professional Skills Series**   
**Senior Connections Series**