



Western Nebraska
Community College

Business & Community Education

UPCOMING CLASSES & EVENTS

Most classes are held at the John N. Harms Center.
Visit wncc.edu/bce for more information or to sign up for our monthly newsletter.

Business Skills Series

Improve Your Public Speaking Skills

Apr 6 (F)

8:30 a.m. – 4:00 p.m., \$60

According to a 1973 survey by the Sunday Times of London, 41 percent of people list public speaking as their biggest fear. Forget small spaces, darkness, and spiders, standing up in front of a crowd and talking is far more terrifying for most people. Through this workshop participants will become more confident and relaxed in front of an audience, which will translate into a successful speaking event. However, mastering this fear and getting comfortable speaking in public can be a great ego booster, not to mention a huge benefit to your career. The Public Speaking workshop will give participants some basic public speaking skills, including in-depth information on developing an engaging program and delivering their presentation with power.



High Performance Teams and Team Building for Managers

Apr 24 (T)

8:30 a.m. – 4:00 p.m., \$60

Managers often set the pace and define the pulse of an organization's culture. Objectives of this class are to offer insight for managers into the most common and vital qualities of high-performance teams. Participants will leave with a clear model for maximizing team performance, including the use of effective team building activities as part of the ongoing effort in developing strong and healthy organizational cultures.

Electrical Code Update 12 – Hour Course

Apr 2, 9, & 16 (M)
5:30 – 9:30 p.m., \$80

Electrical Code Update 16 – Hour Course

Apr 2, 9, 16, & 23 (M)
5:30 – 9:30 p.m., \$90

Ko Heichi Fitness: Bushidokan

Apr 2 – Apr 30, May 2 – May 30,
Jun 4 – 27, Jul 2 – 30, or Aug 1 – 29
(M, W), 6:00 – 7:00 p.m.
Single: \$30
Family: \$45 (up to 4)

PiYo Live

Apr 3 – 26, or May 1 – 24 (T, TH)
6:30 – 7:30 p.m., \$20

CPR

Apr 4 or May 2 (W)
1:00 – 5:00 p.m., \$60

Western Nebraska HR Conference

Apr 10 (T)
8:30 a.m. – 4:00 p.m.
Members of WNHRMA: \$85
Non-Members: \$105
Gering Civic Center
(Call Doug Mader at **308.630.6556** or
email maderd@wncc.edu to register.)

Do I Look Fat in this Stress?

Apr 11 (W), 5:30 – 7:30 p.m., \$12

Passport Passengers

Apr 12 & May 10 (TH)
5:30 – 7:30 p.m.
\$12 per session

Apr 12: Rome

May 10: London

Bicycle Tube & Tire Clinic

Apr 19 (TH)
6:00 – 9:00 p.m., \$5

Bob Ross Painting

Apr 21, May 19, or Jun 23 (SA)
9:00 a.m. – 4:00 p.m., \$60 per class

Introduction to Fly Fishing

May 1 & 3 (T, TH)
6:00 – 9:00 p.m., \$25

OSHA 10 – Hour General Industry

May 7 & 8 (M, T)
May 7: 8:00 a.m. – 4:00 p.m.
May 8: 8:00 a.m. – 12:00 p.m.
Nebraska Safety Council Members: \$199
Non-Members: \$285
(Call **402.483.2511 ext. 108** or visit
nesafetycouncil.org to register.)

Safety State of the Union

May 8 (T), 12:00 – 3:00 p.m.
Nebraska Safety Council Members: **FREE!**
Non-Members: \$20
(Call **402.483.2511 ext. 108** or visit
nesafetycouncil.org to register.)

Principles of Fly Casting

May 9 (W), 6:00 – 9:00 p.m., \$20

DOT Hazardous Materials

May 9 – 10 (W, TH)
May 9: 8:30 a.m. – 4:30 p.m.
May 10: 8:30 a.m. – 12:30 p.m.
Nebraska Safety Council Members: \$245
Non-Members: \$325
(Call **402.483.2511 ext. 108** or visit
nesafetycouncil.org to register.)

Zumbini: The Ultimate Bonding Experience

Apr 7 – May 26 (SA)
1:00 – 1:45 p.m., \$80 or
Jun 9 – Jul 28 (SA)
1:00 – 1:45 p.m., \$80
Demo Days:
May 30 (W) & Jun 1 (F)
6:00 – 6:45 p.m., or
Jun 2 (SA), 1:00 – 1:45 p.m.

Original music and movement promotes cognitive, social, fine/gross motor skill, and emotional development for children ages 0 to 4 with their caregiver. Your child will be learning while you play with them! Price includes access to 20 original songs, songbook with lyrics, and a plush doll to continue the fun and learning at home! Caregiver must be 18 or older. Still not sure if this class is right for you? Try one of the demo days! Sign up at Zumbini.com, at a demo, or at class. Any questions, call or text Lori at **308.279.0452** or call the John N. Harms Center at **308.635.6700**.

SPRING WELLNESS FESTIVAL

2018 ICE CREAM SOCIAL

Join us for ice cream sundaes
and visit with vendors!

FREE

Friday, April 13
1:00 – 3:00 p.m.

John N. Harms Center
RSVP by April 2 | 308.635.6700

For more information or to register, call **308.635.6700** or visit wncc.edu/bce.