

# UPCOMING CLASSES & EVENTS

Most WNCC Lifelong Learning classes are held at the John N. Harms Center.  
For full class descriptions, materials, fees, and more, visit [wncc.edu](http://wncc.edu)!

## Coming soon!

**Getting to Know Your Smartphone**  
Feb 19, or Apr 1 (W)  
9:00 – 11:00 a.m., \$13  
Instructor: Ally Berggren

**QuickBooks™ Basics**  
Feb 19, or Mar 18 (W)  
9:00 a.m. – 5:00 p.m., \$55

**Past Life Regression**  
Feb 20 (TH)  
7:00 – 9:00 p.m., \$25  
Instructor: Pam Barber

**Lights, Camera, YouTube** 📺  
Feb 21 (F)  
8:00 a.m. – 12:00 p.m., \$50  
Instructor: Don Osborne

**Build an Autonomous Robot** 🤖  
Feb 22, or Apr 18 (SA) full day  
8:30 a.m. – 4:00 p.m.,  
\$50 (lunch included)  
Grades: 4 and up

**Intro to Barn Quilts**  
Feb 29 (SA)  
1:00 – 4:00 p.m.  
Cost: 22-inches by 22-inches  
non-routed edges – \$55 or 3-feet  
by 3-feet non-routed edges – \$85

**Bushido Burn**  
(Cardio Fat Burning Fitness)  
Mar 2 – Apr 8 (M, W)  
5:20 – 5:50 p.m., \$60

### **Ko Heichi Fitness: Bushidokan**

Feb 3 – 26 (M, W)

6:00 – 7:00 p.m.

Single: \$30; Family: \$45 (up to 4)

Bushidokan has borrowed techniques from more than 10 different martial arts and three primary systems: karate, judo, and jiu jitsu. Bushidokan's tactics have been tested in diverse situations including life-or-death defense by citizens, law enforcement, and elite military groups such as Green Berets, Navy SEALs, and others. Instructor Brent L. Anderson has more than 30 years martial arts experience. All are welcome!

### **Basic Life Support/CPR for Healthcare Professionals**

Feb 5 or Apr 1 (W)

1:00 – 5:00 p.m., \$65

Basic Life Support training reinforces healthcare professionals' understanding of the importance of early CPR and defibrillation, basic steps of performing CPR, relieving choking, and using an AED. This course also covers the role of each link in the chain of survival.

### **Building High-Performance Teams** 🧑‍🤝‍🧑

Feb 6 (TH)

8:00 a.m. – 12:00 p.m., \$50

Instructor: Pat Randolph

We all talk about teamwork, but how do you create it in your business? Building effective teams in the workplace helps businesses achieve their ideals and be more successful. Participants learn how to work with people with different communication and personality styles and find out how to build instant rapport with people, communicate with different people, appreciate and value

the viewpoints of others, and work together as a team to achieve common goals. Explore multiple intelligences, right brain/left brain, mindsets, and REAL colors personality indicator. Through these explorations, businesses improve customer service, increase teamwork, and build better communication.

### **Cricut Creations: Cricut Pillow and Wall Art**

Feb 8 (SA)

9:00 a.m. – 12:00 p.m., \$20

Lied Scottsbluff Public Library

Registration deadline: Jan 31

Learn about pre-made projects in Cricut Design Space that are fun and easy to make. In this class you will make one item, a Decorative Pillow or Valentine Wall Art.

### **Cricut Creations: Reversible Block Art with Cricut**

Feb 8 (SA)

9:00 a.m. – 12:00 p.m., \$25

Lied Scottsbluff Public Library

Registration deadline: Jan 31

Create a fun and reversible block art using Cricut lettering and vinyl. One side says "Frosty the Snowman" and the other says "Be Mine Valentine."

### **Nebraska History**

Feb 12 and 26 (W)

10:00 a.m. – 12:00 p.m., \$20

Instructor: Brian Croft

What is seemingly behind us, yet influences the course of much of our world? History! Discover the diverse and significant history of Nebraska through the examination of stories, scholarly materials, maps, and ephemeral artifacts. Interactive instructor presentation and

group discussion will pair with guided individual research on a selected topic for sharing with the class. Come and explore your heritage!

### **Bob Ross Painting**

Feb 15, or Mar 21 (SA)

9:00 a.m. – 4:00 p.m., \$60

Bob Ross believed that everyone who wanted to paint, could paint like a natural with the right tools and a little encouragement. Come and experience the joy and confidence of painting a beautiful landscape using the Ross wet-on-wet technique. Students must bring a roll of paper towels to this class.

### **Introduction to Ceramic Wheel Throwing and Hand Building**

Feb 15, or Mar 21, or Apr 18,

or May 16 (SA)

9:00 a.m. – 12:00 p.m., \$23

Ages 10 and up

Der Topfer, 1211 3rd Ave., Scottsbluff

Have you always wanted to try your hand on a pottery wheel? Here's your chance. This is an introductory class offering students the opportunity to throw on a pottery wheel and learn hand-building clay techniques. Projects will not be completed in the three-hour class, but students can continue in ceramics classes or set up private lessons with the instructor. All materials provided. Come try your hand at the wheel! Class size is limited to six.

### **Kids Camps** 🧒

**Career & Professional Skills Series** 🧑‍💼  
**Senior Connections Series** 🧓

For more information or to register, call 308.635.6700 or visit [wncc.edu](http://wncc.edu)