

Seed Balls

You can change this recipe halving or doubling depending on the number of seed balls you want to make.



Materials:

- 2 cups potting soil
- 5 cups pottery clay (dry or clay)
- 1-2 cups room temperature water
- 1-2 cups seeds of your choice. Choose a seed that grows in the area in which it will be planted such as wildflowers
- large tub to mix ingredients
- large box (cardboard is great) to dry and store seed balls

Directions:

1. Mix the soil, clay and 1 cup water thoroughly. There should be no lumps. Slowly add more water until the mixture is the consistency of play-doh—until it is soft and pliable.
2. Gently add seeds, kneading the dough until the seeds are mixed in well. Add more water if necessary.
3. Take small bits of the clay mixture and roll into little balls about one inch in diameter. The balls should hold together easily. If they're crumbly, add more water.
4. Dry the seed balls for 24-48 hours (or longer) in a sunny place before sowing or storing. They store best in a cardboard box that has some ventilation. Do not use plastic bags or boxes.
5. To sow/plant the seed balls, place them carefully over the area to be planted or gently toss them one at a time (which is more fun). Make sure you toss them in a place that they will be able to grow with adequate sunlight and away from walking paths. Don't bury them and don't water them. Let nature take its course when the ground is warm enough for planting.