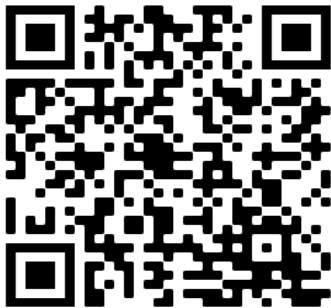


Mental Health Wellness: Growing Resilient Together



TO REGISTER:

https://us06web.zoom.us/webinar/register/WN_Us7D4EdqR5G10QHbZw1JDA



For more information contact
Brittney Hale at bhale@pcaillinois.org

Stress & Trauma
Treatment Center, Inc.



 Prevent Child Abuse
Illinois™

Participants will increase their knowledge of toxic stress, adverse childhood experiences, and traumatic stress; identify three strategies to improve overall wellness and resilience; and increase their motivation to conduct personal self-wellness to ultimately spread wellness to others.

May 26, 2022

9am-11am

This webinar will be
conducted via Zoom

THIS IS A FREE VIRTUAL TRAINING

2 CEU's will be available for
LCSW, LSW, LCPC & LPC

Dr. Matt
Buckman
Licensed Clinical
Psychologist,
Executive Director
of the Stress &
Trauma Treatment
Center

