



## Teen Talk Group #factsonly - ages 13-18 (offered online)

**August 5**

Wednesdays, 4-5 p.m.

A four-week educational group to learn enhanced skills for teens struggling with mental health issues including depression, anxiety, ADHD and more.



Many teens are feeling especially challenged during this very difficult time and could use some practical ideas, skills and peer support.

The full set of dates are: 8/5, 8/12, 8/19 and 8/26.

Led by Jennifer Mulcahy-Avery, L.C.S.W.

Case Manager and Clinician at the Adolescent Partial Hospitalization Program  
MassGeneral for Children at North Shore Medical Center

**Cost:** \$60 (scholarships available)

Space is limited to 12 - [Register online](#)

### Class Location

Virtual via Zoom. Access code will be provided upon registration. Contact [ithomson@partners.org](mailto:ithomson@partners.org) for more information.

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