

RESOURCES

- APA COVID-19 and Aging Related Resources <https://www.apa.org/topics/covid-19/aging>
- APA African American Older Adults and Race-Related Stress: How Aging and Health Care Providers Can Help tip sheet <https://www.apa.org/pi/aging/resources/african-american-stress.pdf>
- CoABPSI: 5 Star Family Enhancement plan centered on African Healing practices (Remember, Remind, Reframe, Revitalize, and Reward) "Zola Up" "Love Up"
<https://static1.squarespace.com/static/5b7ee2a620b85908a459923/t/5e921ee552eaaf1badfa9d8c/1586634512648/ABPsi+Five+Star+Family+Enhancement+Plan+Response+to+COVID19+Pandemic.pdf>
- BEAM (Black Emotional & Mental Health Collective): trainings and tools <https://www.beam.community>
- CDC's COVID-19 in Racial and Ethnic Minority Groups <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/racial-ethnic-minorities.html>
- Psychological First Aid: Field operations guide for nursing homes (Drs. Lisa Brown and Katherine Hyer) https://www.researchgate.net/publication/330938602_Psychological_First_Aid_Field_Operation_Guide_for_Nursing_Homes_Second_Edition

