



Family Rounds:

A monthly series for parents
and professionals



September 17, 2020 12 - 1:30 p.m.

"Unpacking Race and Identity: Understanding Racial Identity, Models and How to Feel Comfortable Discussing the Uncomfortable"

Presenter: Chalini Jayasekera, PsyD., Clinical Psychologist, MassGeneral *for* Children at North Shore Medical Center

Presentation Overview:

This presentation is for all individuals who are looking to understand the racial identities of themselves and others. It will cover different racial identity models and explore the potential impact they have on individuals. Learn about these models, their impact in today's world, as well as, ways to talk to children, adolescents, and teens about race and identity.

Objectives:

- Receive a greater understanding of racial identity models and how they apply to ourselves and others
- Learn about the potential experiences of others of similar and different backgrounds
- Gain tips and resources for talking to children, adolescents, and teens about race and identity

Free and open to all. [Register Here](#) or email ithomson@partners.org

Each lecture will address some of the ways racial disparities and the coronavirus impact their topic. A zoom invite will be emailed upon registration.



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Please visit our website at https://nsmc.partners.org/psychiatry/behavioral_health_resources for more information.