

COVID 19 OUT-PATIENT

Patients at greatest risk for not surviving Covid-19

_____ = patient and or name of their loved one

RELATIONSHIP/ Getting Started	<p>Via phone/virtual</p> <ul style="list-style-type: none"> • Hello, this is..... It's not an emergency. Do you have a few minutes to talk? • With all that's going on with COVID -19, we wanted to check in to see how things are going for _____ <hr/> <p>Align intention-start the conversation</p> <ul style="list-style-type: none"> • I hope _____ stay (s) safe and don't/doesn't come down with this virus. • While we hope for the best I suggest we also take a few minutes to talk about the "what ifs". Would it be okay if we did that now?
PATIENT STORY	<ul style="list-style-type: none"> • Can you tell me in your own words what you know about _____current medical health? • In the past 6 months has there been any change in _____strength and ability to do daily life?
MEDICAL STORY/Serious News	<ul style="list-style-type: none"> • ASK PERMISSION: Can we talk about what we would anticipate if _____comes down with COVID symptoms? • ALIGN INTENTION: We hope that _____ will stay healthy and not get this virus. • DELIVER HEADLINE: I'm worried that if _____gets COVID, _____ wouldn't have the reserve to survive whether _____went to hospital or stayed at home. • SILENCE • RESPOND TO EMOTION: This is hard. • NEGOTIATE GOALS: Let the patient/surrogate response, guide recommendations.

<p>RECOMMENDATION</p>	<p>SCENARIO ONE: Wants to be kept comfortable/not go to hospital</p> <ul style="list-style-type: none"> In this situation we recommend that if _____contracts COVID, that care be directed toward skillful symptom management with comfort as the goal. AND (if appropriate) Based on what you have told me about wanting to avoid hospitalization, I suggest we ask for Hospice support to ensure comfort without going to hospital. <p>Complete POLST Make Hospice referral Proactively prescribe meds for symptoms that may develop</p>
<p>RECOMMENDATION</p>	<p>SCENARIO TWO: Higher function and strength/chance of recovery</p> <p>I recommend a time trial of escalation in place or in hospital but without intubation/ventilator</p> <p>Complete POLST</p>
<p>RECOMMENDATION</p>	<p>SCENARIO THREE: I want everything done!</p> <p>Don't argue. Let go of outcome and move on!</p> <p>NO POLST--- Should only be completed when patient/family want to limit interventions/avoid CPR etc.</p>