



POST 53 COMES TO HOLMES

Learn How to Save a Life!

Friday, June 1 in the Holmes Common Room

The Holmes PTO invites you to join members of POST 53 for a CPR Training Course.

The Volunteer Breakfast and General PTO meeting will begin at 8:45am. Post 53 will present immediately following, shortly after 9:00am.

For over 40 years, Post 53 has provided the town of Darien, CT with emergency medical services. The dedicated volunteers of Post 53 man three fully-equipped state-of-the-art ambulances, 24 hours a day, 365 days a year.

Trained EMTs will guide attendees through the basics of administering CPR, including how to operate an AED (automated external defibrillator).

**If you think you can't make a difference by attending
this event, think again - because you can!**

Coffee and breakfast will be served

Please contact Hope Barton, hope.barton@gmail.com or Sara
Parent, saradparent@gmail.com with any questions.