

LPGA Amateur Golf Association, Columbus OH

Chapter League and Golf Event Guidelines – Covid-19

All Columbus LPGA Amateur Golf Association Leagues and Golf Events are expected to follow all federal, state, local, golf course, and chapter specific directives to ensure our players can participate in a safe environment. *Players participate at their own risk.*

League captains and event coordinators will share the following guidelines with players and provide any concern or feedback to the Columbus LPGA Amateurs board through the Director of Golf Services (golfed.lpgaamateurs.columbus@gmail.com).

Covid-19 Playing Guidelines - *These guidelines will be updated as directives change.*

Remember, *we all play at our own risk. Do NOT come to golf:*

1. If you are sick with signs or symptoms consistent with COVID-19.

2. If you have **possible COVID-19 exposure**.
 - a. Stay at home for at least **10 days** (14 days is optimum) after last exposure.
 - b. Maintain social distance (at least 6 feet) from others and wear a mask when around other people.
 - c. Self-monitor for symptoms through day 14. (Check temperature twice a day, watch for fever, cough, shortness of breath, or other symptoms of COVID-19.)
 - d. Consider obtaining a viral test near the end of this period (day eight or later) to increase certainty that there is no infection, but quarantine cannot be discontinued earlier than after day 10.
 - e. Persons who develop symptoms of COVID-19 or who test positive for COVID-19 should self-isolate and follow recommendations for discontinuing isolation.

3. If you have **tested POSITIVE for the virus** - until released by your medical professional following all recommendations of public health authorities. For persons who never develop symptoms, isolation and other precautions can generally be discontinued 10 days after the date of their positive test results.

If you have a **Negative COVID test result** from a sample collected on day five or later after last exposure **AND** stay at home for at least **seven days** after last exposure:

- Maintain social distance (at least 6 feet) from others and wear a mask when around other people.
- Self-monitor for symptoms through day 14. (Check temperature twice a day, watch for fever, cough, shortness of breath, or other symptoms of COVID-19.)
- Persons who develop symptoms of COVID-19 or who test positive for COVID-19 should self-isolate and follow recommendations for discontinuing isolation.

Quarantine is not required for anyone who has been fully vaccinated against COVID-19 and shows no symptoms. Vaccine recipients are considered “fully vaccinated” two weeks after receiving a second dose of the Moderna or Pfizer vaccine or two weeks after receiving the single-dose Johnson & Johnson (Janssen) vaccine.

It is recommended that players continue to follow all COVID-19 safety precautions until they are fully vaccinated. That includes wearing a mask and following social distancing guidelines in public settings.

References:

<https://coronavirus.ohio.gov/static/docs/covid-19-guidance-quarantine.pdf>, Ohio Department of Health, March 2021.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html> CDC Guidance, updated May 16, 2021.